Dear Parents

Happy Father’s Day. Happy Grandfather’s Day

“Happy Father’s Day” to all our dads out there. Fathers are half of the subtle emotional and psychological element of parenting: not simply a provider but a nurturer and mentor.

A father is one of the two most important persons in the life of a child. “A child’s father is the first man in their life and probably the most influential. Absent or involved, loving or rejecting, what he is or was leaves a lasting imprint” (David Jeremiah, Counsellor). However, commitment to family is the greatest gift that a father can give to his children. His commitment is the guiding security that will be like a rock on which his children’s future is built.

Humans are amazing creatures who have the hand of a loving Creator in their design, a Creator who has given each person their own individual gifts and talents. Each child is gifted in some special way and a father’s acceptance and love for each child reflects God’s love and acceptance of them.

Fathers with a strong commitment to their family provide a model of responsible behaviour for their children. As a consequence, their children tend to take more responsibility for their actions and rarely blame others for their mistakes. Fathers also influence their children’s moral development by being good models for their children to admire and desire to resemble. This results in their children developing a strong respect for rules and authority figures. (M.L. Hoffman, The Role of the Father in Moral Internationalisation).

Dads help curb violence in boys by teaching and modelling to them socially acceptable ways to express their masculinity.

There is much truth in the observation that “A man’s garden and his children, both reflect the amount of nurturing done during the growing season.” (Author unknown).

A poet in the Hebrew Scriptures had a beautiful image of a family and expressed it in the context of a man living in harmony with God:

“Happy are those who obey the Lord who live by His commands.
Your work will provide for your needs;
You will be happy and prosperous.
Your wife will be like a fruitful vine in your home,
And your children will be like young olive trees around your table.
A man who obeys the Lord will surely be blessed like this.” Psalm 128.

Wishing you every blessing for the week ahead.

Danuta Maka
Children’s Liturgy of the Word takes place every Sunday during 10 am Mass throughout the term. All primary aged children are warmly invited to attend.

The Father’s Day Non-Eucharistic Liturgy will be held on Friday 5 September at 10.15 am in the church. All are welcome to attend.

Confirmation practice sessions
Thursday 4 September—3.30-4.30 pm; 4.30-5.30 pm
Friday 5 September—3.30-4.30 pm; 4.30-5.30 pm

St Michael’s Feast Day End of Term Mass—Date change
Due to Parish commitments our whole school End of Term Mass to celebrate the feast day of St Michael will be held on Wednesday 17 September at 10.15 am in the Church. All are welcome to attend.

Reconciliation Preparation 2014 - Important Notice
Families with children who have turned eight or are in year 3 and above and wish their child to participate in preparation for the Sacrament of Reconciliation will need to attend one of the two registrations evenings to be held on Monday 15 September or Tuesday 16 September at 7.30 pm in the Church. Parents will need to bring a copy of their child’s baptism certificate (not original) so as to complete the registration process. The cost will be $20 per child or $30 for two or more children in one family. If you have any queries please do not hesitate to contact the parish office on 9639 0598.

Volunteers Required—Reconciliation - Preparations 2014
We are seeking Facilitators from our Parish/School Community. The programme commences on Saturday 11 October. Training will be provided for all volunteers at the Facilitators Meeting, to be held on Thursday 7 October at 7.30 pm in St Michael’s Church. If you are able to offer your help for our Parish Based Reconciliation Programme which runs for one evening per week for three weeks, please contact the parish office on 9639 0598.

St Michael’s Youth Camp
From 22nd to 24th September, St Michael’s will be running their first Youth Movement Camp. This camp will be for year groups 5-6 & 7-9. It’s going to be fun!

Activities will include; Abseiling, Waterslide, Canoeing and more!
We will need to have your registrations in by this Friday (5th September).
Email your rego form to youth@stmichaelsbh.org.au.
For further information please contact Jerry on 0423342215

Altar Server Training
We are inviting any boy or girl who has made their First Communion to become Altar Servers in our Parish. There will be an opportunity for training offered on the following dates: Wednesday, 8th October at 3.30 pm or Saturday, 11 October at 11.00 am. Prospective Servers are asked to attend only one of the above dates. Please leave your name with Fr. Mick or the Parish Office if you are interested. A new roster for Servers will be available November.

Class masses
Children attend Parish Mass at 9.15 am during the term. Dates are as outlined in the Dates to Remember section of the newsletter and contained in the school calendar on our website at www.stmichaelsbhills@parra.catholic.edu.au

Mr David Ison
REC Coordinator

SOCIAL SKILLS PROGRAM
The social skill for Term 3 Week 9 is:
Patience
Being calm when waiting.

DATES TO REMEMBER

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri 5 Sep</td>
<td>P&amp;F Father’s Day Breakfast 7.30 am;</td>
</tr>
<tr>
<td></td>
<td>P&amp;F Father’s Day Morning tea 9.00 am</td>
</tr>
<tr>
<td></td>
<td>Fathers’ Day Non-Eucharistic Liturgy 10.15 am</td>
</tr>
<tr>
<td>Fri 5 Sep</td>
<td>Confirmation practice session</td>
</tr>
<tr>
<td>Mon 8 Sep-Thu 11 Sep</td>
<td>Celebration of Confirmation</td>
</tr>
<tr>
<td>Tue 9 Sep</td>
<td>6 Red &amp; 6 Yellow @ Parish Mass 9.15 am</td>
</tr>
<tr>
<td>Wed 10 Sep</td>
<td>4 Blue &amp; 4 Red @ Parish Mass</td>
</tr>
<tr>
<td>Fri 12 Sep</td>
<td>School Assembly 9 am</td>
</tr>
<tr>
<td>Fri 12 Sep</td>
<td>Touch footy Gala Day</td>
</tr>
<tr>
<td>Sun 14 Sep</td>
<td>Mackillop Athletics</td>
</tr>
<tr>
<td>Mon 15 Sep</td>
<td>Reconciliation Registration 7.30-8.30 pm</td>
</tr>
<tr>
<td>Tue 16 Sep</td>
<td>K Green &amp; 5 Yellow @ Parish Mass 9.15 am</td>
</tr>
<tr>
<td>Tue 16 Sep</td>
<td>Reconciliation Registration 7.30-8.30 pm</td>
</tr>
<tr>
<td>Wed 17 Sep</td>
<td>Whole School Mass St Michael’s Feast Day 10.15 am</td>
</tr>
<tr>
<td>Wed 17 Sep</td>
<td>Band Showcase Performance 6.30-8.00 pm—Hall</td>
</tr>
<tr>
<td>Thu 18 Sep</td>
<td>5 Green &amp; K Yellow @ Parish Mass 9.15 am</td>
</tr>
<tr>
<td>Thu 18 Sept</td>
<td>Student and Citizen of the Term Award Presentation 2.30 pm</td>
</tr>
<tr>
<td>Fri 19 Sept</td>
<td>School Assembly End of Term 3—3.10 pm</td>
</tr>
</tbody>
</table>

SCHOOL HOLIDAYS—SAT 20 SEP—MON 6 OCT

| Tue 7 Oct | Students and staff return for Term 4         |
| Sun 12 Oct| Enrolment Ceremony First Reconciliation     |
| Mon 13 Oct| Yr 3 CSIRO Incursion                        |
| Fri 28 Nov| Staff Development Day                       |
| Mon 15 Dec| Student and Citizen of the Term Award Presentation 2.30 pm |
| Tue 16 Dec| Year 6 Sydney Olympic Park                  |
| Wed 17 Dec| Whole School Mass 10.15 am                  |
| Wed 17 Dec| Students finish for Term 4—3.10 pm          |

The school’s calendar is available on our website: stmichaelsbhills@parra.catholic.edu.au

MUSIC NEWS: The choir will be performing at the Week 9 Assembly (12 September). All are welcome to attend.

Mrs Lyndall Parker, Music Teacher
Reminder—Car park

- No child should be walking alone through the car park in the morning or walking to cars on their own in the afternoon. Parents must do “Stop and Drop” or “Slow and Go” or find a car park. Children must be supervised by their parent if they are walking in the car park area.
- The path into the school from Chapel Lane has been painted with yellow stripes. Please do not park on this path during school hours. This path is for safe access for children and parents entering and exiting the school.
- Please do not park on the roundabout.

**PROJECT BASED LEARNING—YEAR 6**

Congratulations to Year 6 for their response to their project based unit they completed this term. The unit was called “How can I as a Year 6 student make a difference now?”

Many Year 6 students opted to respond to this unit by fundraising for a catholic charity. Other students responded by producing knitted products that will be donated to a charity. Thank you to the families who support their children. $4,100 will be forwarded to various Catholic charities.

*Mrs Calabrese, Mrs Petrenas, Mrs Rugg, Mr Francis and Mr Ison*
PARENTS’ REPRESENTATIVE COUNCIL PRESENTATION – ANXIETY AND CHILDREN

Around 100 parents and teachers from across the Parramatta diocese attended this term’s Parents’ Representative Council presentation on child anxiety. It was an informative and entertaining presentation by Dr Andrew Martin, a psychologist recognised for his research in education and psychology. He is also a Professor at the University of Sydney specialising in motivation, engagement, achievement, and quantitative research methods.

Dr Martin provided us with background to motivation and engagement and the 11 factors that affect a child’s motivation and academic buoyancy or ability to deal with setbacks, challenges and pressures. This placed Anxiety in context with other thoughts and behaviours that affect their buoyancy.

Dr Martin then discussed specific strategies for dealing with anxiety including “chunking” or breaking up work into bite size chunks and using process definitions of success (linked to effort, personal bests, learning).

If you are interested in finding out more, a recent article on the Motivation and Engagement wheel plus a number of parent resources (worksheets etc) are available on his website:

Melissa Small, P&F Committee

/var/page1/CREATIVE ARTS EVENING

Where the Wild Things are!!

What an amazing night!

Last Wednesday night the St Michael’s Creative Arts Team performed at Hornsby R.S.L in the Creative Arts Expo. We performed with three other schools in the Hills: St Angela’s, St Bernadette’s and St Paul’s. We were so proud of how our children not only performed on the night, but also how they gave up lunch times for rehearsals so enthusiastically!

We would like to thank all the parents, siblings and teachers who helped with the costumes, props and dances - you helped make the night a huge success.

Bring on the next Expo!

Creative Arts Team

Dance Expo Photographs—MSP PHOTOGRAPHY

Performance photographs can be purchased at:
www.mspsydney.photomerchant.net
(do not enter in google search)
Code: STA8G2L5

These photos will be available for sale from: 1 September until 19 September 2014.

The cost of each photo is $10.00.

When creating your order, please ensure that you include your child’s name and school in the shipping details area of your order.

If you require any further information, please contact:
MSP Photography—Sydney on 9499 6555

School fees

Term 3 school fees are now overdue. Thank you to those who have paid on time. Reminder letters have been posted.

Any queries, please contact Linda Borsato on 9639 0518 or via email at
lborsato@parra.catholic.edu.au

International Competitions and Assessments for Schools (ICAS)

<table>
<thead>
<tr>
<th>Subject</th>
<th>Results Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computer skills</td>
<td>Tue 20 May—results received</td>
</tr>
<tr>
<td>Science</td>
<td>Wed 4 Jun—results received</td>
</tr>
<tr>
<td>Writing</td>
<td>Mon 16 Jun—results received</td>
</tr>
<tr>
<td>Spelling</td>
<td>Tue 17 Jun—results received</td>
</tr>
<tr>
<td>English</td>
<td>Tue 29 Jul—results pending</td>
</tr>
<tr>
<td>Mathematics</td>
<td>Tue 12 Aug—results pending</td>
</tr>
</tbody>
</table>

PARENTS’ REPRESENTATIVE COUNCIL PRESENTATION – ANXIETY AND CHILDREN

Around 100 parents and teachers from across the Parramatta diocese attended this term’s Parents’ Representative Council presentation on child anxiety. It was an informative and entertaining presentation by Dr Andrew Martin, a psychologist recognised for his research in education and psychology. He is also a Professor at the University of Sydney specialising in motivation, engagement, achievement, and quantitative research methods.

Dr Martin provided us with background to motivation and engagement and the 11 factors that affect a child’s motivation and academic buoyancy or ability to deal with setbacks, challenges and pressures. This placed Anxiety in context with other thoughts and behaviours that affect their buoyancy.

Dr Martin then discussed specific strategies for dealing with anxiety including “chunking” or breaking up work into bite size chunks and using process definitions of success (linked to effort, personal bests, learning).

If you are interested in finding out more, a recent article on the Motivation and Engagement wheel plus a number of parent resources (worksheets etc) are available on his website:

Melissa Small, P&F Committee
Tea Towel Fundraiser

We are running a Tea Towel Fundraiser!

The unique tea towel design is made up of face drawings by all our students. The drawings are arranged into a commemorative design as such --->

Kindy on one towel.
Year 1+2 together on one towel
Year 3+4 together on one towel
Year 5+6 together on one towel

Then they are screen printed in dark blue onto high quality white tea towels.

We chose tea towels because the project gets the children involved, produces a wonderful memento and meaningful gift for parents, relatives and special friends. The tea towels look amazing, are so easy to post to relatives and friends. They make a fabulous reminder of your child’s early years.

ONLY $15 for a limited edition tea towel. Tea towels can be ordered by dropping the order form below with payment into the P&F mailbox in the office in an envelope clearly marked “TEA TOWEL ORDER”.

Make sure you don’t miss out! Preserve your child’s artwork and remember friends forever!
Final orders are due before **Monday 15th September**
If you have any queries please contact our coordinator - Lyndal Pascoe: lyndal017@yahoo.com.au

---

**Tea Towel Order Form - 1 order form per family**

Please photocopy this form if you need space for more children.

**Family Name:**

<table>
<thead>
<tr>
<th>Your children's names &amp; classes</th>
<th>Choose a Tea Towel grade</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. __________________________</td>
<td>☐ Kindy ☐ Year 1+2 ☐ Year 3+4 ☐ Year 5+6</td>
<td>_______</td>
</tr>
<tr>
<td>2. __________________________</td>
<td>☐ Kindy ☐ Year 1+2 ☐ Year 3+4 ☐ Year 5+6</td>
<td>_______</td>
</tr>
<tr>
<td>3. __________________________</td>
<td>☐ Kindy ☐ Year 1+2 ☐ Year 3+4 ☐ Year 5+6</td>
<td>_______</td>
</tr>
<tr>
<td>4. __________________________</td>
<td>☐ Kindy ☐ Year 1+2 ☐ Year 3+4 ☐ Year 5+6</td>
<td>_______</td>
</tr>
<tr>
<td>5. __________________________</td>
<td>☐ Kindy ☐ Year 1+2 ☐ Year 3+4 ☐ Year 5+6</td>
<td>_______</td>
</tr>
</tbody>
</table>

☐ Cash or ☐ Cheque
Cheques payable to “P&F St Michael’s”

Total number of Tea Towels ($15 each)

TOTAL amount enclosed $_______

**Your Name:** ___________________  **Email:** ___________________  **Phone:** ___________________
PHOTOGRAPHS TAKEN AT SCHOOL

From time to time photographs may be taken of your child whilst they are at school. These photos may be used in school Newsletters, publications and the school website. They may also be used by Catholic Education, Parramatta Diocese in their publications and website. If you do not wish your child’s photo to be taken, please put this in writing and address to the Principal, Mrs Maka.

UNIFORM SHOP—2014

Every Thursday during Term time
8.30 am—1.00 pm

WINTER UNIFORM PRICE LIST FORM

Available on our website at the following location: http://www.stmichaelsbhills.catholic.edu.au/school-notes

Orders sent in during the week will be completed on Thursdays.

Please label all items of uniform clearly so that they can be returned to your child if lost and found.

Safe & Effective Relief From Pain

Bring in this coupon for a FREE posture assessment!

02 9686 8825

www.inspiredphysio.com.au

41 Merindah Road
Baulkham Hills, NSW 2153

Safe Pain Head Pain Shoulder Neck Osteoarthritis Women’s Health Work Cover

Martial Arts for Kids From 3 yrs

Start a new life with a positive attitude

Discipline Confidence Concentration
Self Defence Bully safety accredited

9th Dan Black Belt

TAEKWONDO WORLD 5 Gladstone Rd, Castle Hill
8850 7771 tkdworld.com.au

FLYERS
Brochures Stationery Newsletters Posters Catalogues Printing

Invitations: Wedding Birthday Baby Children All Occasions

www.powwowgraphicdesign.com.au • 0419 432 511

This Newsletter is available for viewing on our website: www.stmichaelsbhills.parra.catholic.edu.au