**From the Principal**

**Dear Parents**

**First aid at St Michael’s**

Each day 50-60 children attend the office for first aid or the dispensing of medication. First aid may be needed for scratches/cuts, nausea, bleeding noses, vomiting, stomach aches, bumps, colds, asthma, allergies, headaches, sprains/strains or other injuries.

The first aider will assess and treat your child. The first aider renders first aid only and has no formal medical qualifications (such as qualifications that a nurse/doctor would have). Children are treated and sent back to class for minor injuries. A child may be observed in sick bay to see if their illness improves. If they improve they will be sent back to class. The first aider will contact you in circumstances where your child is ill and cannot return to class or has received an injury that requires you to take your child home for further treatment.

The first aider may suggest you take your child to the doctor if the illness or injury requires further medical treatment. As the parent, it is your decision to seek further medical attention. In the case of a serious injury/illness an ambulance will be called and you will also be notified.

All children are treated with respect and assessed according to their symptoms and statements. Please do not ask our staff to gauge whether your child is “faking it” as staff are making first aid assessments based on the facts and statements made by your child. The last thing we would want is for your child not to be believed by an adult. If your child attends sick bay saying that they have vomited or are feeling unwell, they are assessed according to their statement.

If your child is regularly in sick bay for injuries/illnesses there could be an underlying reason which may be physical (such as a medical issue), psychological, behavioural or emotional which may need to be addressed by the appropriate authority.

The first aider is not allowed to dispense Panadol or other medication unless the Panadol or other medication has already been provided to the school for your child with the appropriate signed authority forms. The first aider is also not allowed to use another child’s Panadol or other medication in circumstances where a parent requests over the phone for a child to be given Panadol.

Should your child require medication, parents/guardians and medical practitioners must complete and sign all the documentation relating to prescribed and non-prescribed drugs. These forms are available from the office.

All documentation must be completed before any medication will be administered. A letter from parents is not sufficient for the dispensing of regular medication. Staff cannot dispense medication without the appropriate documentation being completed and signed by a parent and the prescribing doctor.

Our policies for the dispensing of prescription and non-prescription medication are currently under review and will be updated on our website and published via the newsletter shortly. All school policies can be found on our website at the following location: [http://www.stmichaelsbhills.catholic.edu.au/school-notes-and-school-policies](http://www.stmichaelsbhills.catholic.edu.au/school-notes-and-school-policies)

Please be assured that all staff have the health and safety of your child as their primary focus at all times, particularly in the treatment of first aid and the dispensing of medication.

A number of years ago there was a bumper sticker that said, “Jesus is coming back soon, look busy!” When we look at the Gospels that tell of Jesus’ life, it does appear that he was a very busy person. However, Jesus was also a person who celebrated life with enthusiasm from the beginning of his public life at the marriage feast at Cana to after his Resurrection, when some of the Apostles came ashore after fishing all night and found Jesus cooking breakfast for them.

Our “wants” and “desires” can cause our life to rush past us. Probably, we all need to spend time on ourselves to ensure our physical and spiritual welfare and so that “. . . Our hearts will not be filled with misgivings, and we’ve not been too busy for living.”

I hope that the holidays provide you and your family with the time for rest and relaxation.

**Best wishes for the holidays.**

Danuta Maka
**Religious Education News**

**Children’s Liturgy of the Word**

Children’s Liturgy of the Word takes place every Sunday during 10 am Mass throughout the term. All primary aged children are warmly invited to attend.

**Volunteers Required—Reconciliation - Preparations 2014**

We are seeking Facilitators from our Parish/School Community. The programme commences on Saturday 11 October. Training will be provided for all volunteers at the Facilitators Meeting, to be held on Tuesday 7 October at 7.30pm in St Michael’s Church. If you are able to offer your help for our Parish Based Reconciliation Programme which runs for one evening per week for three weeks, please contact the parish office on 9639 0598.

**Enrolment Ceremonies for Reconciliation Programme**

Enrolment Ceremonies will take place at all masses this coming weekend for children who have registered for the sacrament of Reconciliation. Please keep the children and the families in your prayers. A reminder that children will need to bring their enrolment card and present it to Fr Mick during the mass.

**Class masses**

Children attend Parish Mass at 9.15 am during the term. Dates for Term 4 Week 2 are as outlined in the Dates to Remember section of the newsletter and contained in the school calendar on our website at www.stmichaelsbhills@parra.catholic.edu.au

The remaining dates for Term 4 will be published shortly.

**Mr David Ison**

**REC Coordinator**

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**Parish News**

**Altar Server Training**

We are inviting any boy or girl who has made their First Communion to become Altar Servers in our Parish. There will be an opportunity for training offered on the following dates:

**Wednesday, 8th October at 3.30 pm or Saturday, 11 October at 11.00 am**

Prospective Servers are asked to attend only one of the above dates.

Please leave your name with Fr. Mick or the Parish Office if you are interested. A new roster for Servers will be available November

**St Michael’s Playgroup Vacancies**

If you are at home during the week caring for a child or grandchild, we invite you to come and join us on Tuesday, Wednesday or Friday morning playgroups. If you are interested call Michelle 0415 385 353.

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**SOCIAL SKILLS PROGRAM**

The social skill for Term 4 Week 1 is:

**Forgiveness**

Ceasing to have bad feelings against another for what they may have done to you.

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**DATES TO REMEMBER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri 19 Sept</td>
<td>School Assembly</td>
</tr>
<tr>
<td></td>
<td>End of Term 3—3.10 pm</td>
</tr>
<tr>
<td>Tue 7 Oct</td>
<td>Students and staff return for Term 4</td>
</tr>
<tr>
<td>Wed 8 Oct</td>
<td>1 Yellow &amp; 6 Yellow at Parish Mass 9.15 am</td>
</tr>
<tr>
<td>Thu 9 Oct</td>
<td>1 Blue &amp; 6 Blue at Parish Mass 9.15 am</td>
</tr>
<tr>
<td>Sat 11 Oct</td>
<td>Enrolment Ceremony for First Reconciliation at Parish Masses</td>
</tr>
<tr>
<td>Sun 12 Oct</td>
<td></td>
</tr>
<tr>
<td>Mon 13 Oct</td>
<td>Yr 3 CSIRO Incursion</td>
</tr>
<tr>
<td>Tue 14 Oct</td>
<td>2 Red and 2 Blue at Parish Mass 9.15 am</td>
</tr>
<tr>
<td>Wed 15 Oct</td>
<td>K Blue and 5 Red at Parish Mass 9.15 am</td>
</tr>
<tr>
<td>Thu 16 Oct</td>
<td>K Red and 5 Blue at Parish Mass 9.15 am</td>
</tr>
<tr>
<td>Fri 17 Oct</td>
<td>Years 1-6 Catholic Missions Non-Eucharistic Liturgy—10.15 am</td>
</tr>
<tr>
<td>Fri 17 Oct</td>
<td>Kindergarten Excursion—Calmesley Hill City Farm</td>
</tr>
<tr>
<td>Wed 22 Oct</td>
<td>Year 4 Second Rite of Reconciliation—10.00 am</td>
</tr>
<tr>
<td>Fri 24 Oct</td>
<td>Year 3 Non-Eucharistic Liturgy—10.15 am</td>
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<tr>
<td>Fri 24 Oct</td>
<td>Kindy incursion—Storyteller Brownyn Vaughn</td>
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<tr>
<td>Fri 24 Oct</td>
<td>P&amp;F Girls Night In—Breast Cancer—7-10 pm, Hall</td>
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<tr>
<td>Wed 29 Oct</td>
<td>P&amp;F Meeting—DATE CHANGE</td>
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<tr>
<td>Thu 30 Oct</td>
<td>Music—Count us In—12.00 noon</td>
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<tr>
<td>Fri 31 Oct</td>
<td>World Teachers Day</td>
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<tr>
<td>Fri 31 Oct</td>
<td>Year 1 Non-Eucharistic Liturgy—10.15 am</td>
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<tr>
<td>Tue 4 Nov</td>
<td>Sacrament of Reconciliation</td>
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<tr>
<td>Wed 5 Nov</td>
<td></td>
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<tr>
<td>Fri 7 Nov</td>
<td>Year 2 Non-Eucharistic Liturgy—10.15 am</td>
</tr>
<tr>
<td>Mon 10 Nov</td>
<td>Kindergarten 2015 Information night—7 pm</td>
</tr>
<tr>
<td>Tue 11 Nov</td>
<td>Remembrance Day Non-Eucharistic Liturgy—10.15 am</td>
</tr>
<tr>
<td>Thu 13 Nov</td>
<td>Swimming Carnival—Years 2-6 at Waves</td>
</tr>
<tr>
<td>Fri 21 Nov</td>
<td>Year 4 Eucharistic Liturgy—10.15 am</td>
</tr>
<tr>
<td>Wed 26 Nov</td>
<td>Year 3 Second Rite of Reconciliation—10.00 am</td>
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<tr>
<td>Fri 28 Nov</td>
<td>Staff Development Day—Pupil Free</td>
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<tr>
<td>Mon 1 Dec</td>
<td></td>
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<tr>
<td>Fri 5 Dec</td>
<td>Years 1-3 Swimming program</td>
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<tr>
<td>Wed 3 Dec</td>
<td>Year 5 Eucharistic Liturgy—10.15 am</td>
</tr>
<tr>
<td>Wed 3 Dec</td>
<td>P&amp;F Annual General Meeting—7.00 pm</td>
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<tr>
<td>Thu 4 Dec</td>
<td>Year 6 Canberra Excursion</td>
</tr>
<tr>
<td>Thu 11 Dec</td>
<td>Year 6 Awards Ceremony—6.15 pm Hall</td>
</tr>
<tr>
<td></td>
<td>Year 6 Graduation Mass—7.30 pm Church</td>
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<tr>
<td>Mon 15 Dec</td>
<td>Student and Citizen of the Term Award Presentation 2.30 pm</td>
</tr>
<tr>
<td>Tue 16 Dec</td>
<td>Year 6 Sydney Olympic Park</td>
</tr>
<tr>
<td>Wed 17 Dec</td>
<td>End of Year Whole School Mass 10.15 am</td>
</tr>
<tr>
<td>Wed 17 Dec</td>
<td>Students finish for Term 4—3.10 pm</td>
</tr>
</tbody>
</table>

The school’s calendar is available on our website: stmichaelsbhills@parra.catholic.edu.au

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**SUMMER UNIFORM**

A reminder that children return in summer uniform for Term 4.

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**NSW School Terms 2015**

Term 1: Tuesday, 27 January to Thursday, 2 April

Term 2: Monday, 20 April to Friday, 26 June

Term 3: Monday, 13 July to Friday, 18 September

Term 4: Tuesday, 6 October to Friday, 18 December

Please note that from time to time there may be unavoidable circumstances that may occur and dates advertised for events may need to be changed. Every effort is made to give as much notice as possible when changes occur. We apologise for any inconvenience this may cause.
This term in HSIE we have been learning about British Colonisation. This week we have been researching some colonial heroes including Lachlan Macquarie, Arthur Phillip, Caroline Chisholm, Pemulwuy, Mary Reibey, Francis Greenway.

We created a speech about one of these people and presented it in class. We enjoyed researching their life and achievements. We are excited to find out what topic we will be doing next term.

Dylan Senewiratne—Arthur Phillip, Andrew Mandis—Lachlan Macquarie, Anneke van Zoggel—Caroline Chisholm, Angelique Barbara—Mary Reibey

**NEWS FROM 5 Yellow**

**YEAR 5 PROJECT BASED LEARNING - THE SOLAR SYSTEM**

Over the past term Year 5 students have been researching about the Solar System, designing and making models, making posters and preparing to present all of our work to parents and other visitors on Tuesday, 16 September. As a result of our work we have learnt many interesting things about our universe and all things in it.

The main focus of our work was the Solar System and how our planet, Earth, fits into it. Two weeks before making our models we were given time to research, plan and prepare to create them. On 11 and 12 September our classrooms were alive with students designing, making and learning. The interpretations about how the models should be made varied greatly. Some people brought in raw materials from home whereas others had already prepared some things before bringing them to school. All of the finished products were “out of this world” and we are very proud of them.

Kim Pham, Matthew Chapman and Matthew Hatton.
**YEAR 6 FAREWELL UPDATE**

Dear Year 6 parents,

We would like to put out a request to any Year 6 family who would like to donate a lucky door prize to the Year 6 Farewell evening. We are looking for donations to the value of $5, $10 or $20 in the form of gift cards from iTunes, EB Games, Smiggle, Typo or any other child friendly stores.

If you would like to donate a gift card you can forward it to the school in an envelope marked “Year 6 Farewell LUCKY DOOR” or you can contact Karen Lamond kc.rehab@bigpond.net.au

Also we would like to remind you that we still require pictures of your children so we can create a memorable DVD of their Primary school years. If you have any photos that can be used such as group or individual shots, please send on a USB marked “Attention to Bronwen Wahab Year 6 DVD” as soon as possible.

Kind Regards

Year 6 Farewell Committee

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**Positive Parenting Program - Triple P**

For parents with children aged between 0 -12yrs

Kids don’t come with an instruction manual. The Positive Parenting Program can assist you with a specific problem, or provide tips on parenting and help with understanding your child’s behaviour and emotions in relation to their development.

The program gives you the tools to encourage behaviour you like from your child, teach your child new skills and behaviours and deal positively and consistently with problem behaviours.

**MONDAYS** (20th October to 17th November) 10:00am - 12:00pm
- Cost: $30.00 single, $45.00 couple (registrations essential)
- Wesley Family Centre, The Hills, Unit 437, 14 Lexington Drive, Bella Vista, 2153
- Contact: Tanya at Wesley Family Centre, the Hills on 8805 7288

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**CREATIVE ARTS EVENING**

**Dance Expo Photographs—**

MSP PHOTOGRAPHY

Performance photographs can be purchased at:

www.mspsydney.photomerchant.net

(do not enter in google search)

**Code: STA8G2L5**

These photos will be available for sale from:
1 September until 19 September 2014.

*The cost of each photo is $10.00.*

When creating your order, please ensure that you include your child’s name and school in the shipping details area of your order.

If you require any further information, please contact:

MSP Photography—Sydney on 9499 6555

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**INTERNATIONAL COMPETITIONS AND ASSESSMENTS FOR SCHOOLS (ICAS)**

<table>
<thead>
<tr>
<th>Subject</th>
<th>Date</th>
<th>Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computer</td>
<td>Tue 20 May</td>
<td>results received</td>
</tr>
<tr>
<td>Science</td>
<td>Wed 4 Jun</td>
<td>results received</td>
</tr>
<tr>
<td>Writing</td>
<td>Mon 16 Jun</td>
<td>results received</td>
</tr>
<tr>
<td>Spelling</td>
<td>Tue 17 Jun</td>
<td>results received</td>
</tr>
<tr>
<td>English</td>
<td>Tue 29 Jul</td>
<td>results received</td>
</tr>
<tr>
<td>Mathematics</td>
<td>Tue 12 Aug</td>
<td>results pending</td>
</tr>
</tbody>
</table>

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**School fees**

Term 3 school fees are now overdue.

Thank you to those who have paid on time.

Reminder letters have been posted.

Any queries, please contact Linda Borsato on 9639 0518 or via email at lborsato@parra.catholic.edu.au

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**123 Magic & Emotion Coaching**

For parents with children aged between 2 -13yrs

A 6 week program for parents that aims to teach effective and well researched ways to manage difficult behaviours in children aged 2-13 years.

Emotion coaching, together with the behavioural strategies encompassed within 123 Magic, provides parents with a balanced approach to managing their children’s behaviour while teaching their children skills to better manage their emotions and make better choices understanding boundaries, consequences and taking responsibility for their own behaviour.

Each session will teach you:
- key ideas about children’s abilities
- common problems that parents face
- some ways to help you make parenting as enjoyable as possible

**TUESDAYS** (21st October to 25th November 2014) 8:00pm - 8:30pm
- Cost: $30.00 single, $45.00 couple (registrations essential)
- Wesley Family Centre, the Hills, Unit 437, 14 Lexington Drive, Bella Vista, 2153 (Rooftop parking)
- Contact: Kamalini at Wesley Family Centre, the Hills on 8805 7288
HELPERS!
The P&F endeavours to put on great family events and other fundraisers during the year. We couldn’t do this without the support of the school community. We always welcome additional parent helpers. If you would like to be on our database for when the call goes out, please email us pandfstmichaels@gmail.com

Being on our database is not a commitment to help at every event. Come along when you can.

Father’s Day BBQ Breakfast

At 7.30 am on Friday 5th of September, they came! Dads, Grandads, Uncles and kids! More than 400!

A P&F BBQ breakfast to acknowledge our fantastic Dads and a chance for them all to meet and chat. The bacon and egg rolls were going out faster than they could be cooked!

We had a small army of volunteers and P&F committee manning the BBQ and the canteen for tea/coffee. Our sincerest thanks to those that came on the day. We couldn’t do it without you all.

Quotes from our Facebook page

“Awesome morning at St Michael’s!! Looking good there Andrew! Lovely Brekky! Great idea for the Dads who need to head off to work :))” Melanie Mostyn.

“What a great success. Congrats to all involved)” Kim Hanlon.

“Thank you! The bacon and egg roll was delish!!” Jocelyn Goh.

“My kids have just been telling me all about it. Thankyou P&F.” Sally Carey.

“Great idea!! Excellent for Father’s Day” Craig Sneyd & Roxana Abrego.

“Thanks P&F for organising another fantastic event.” Catherine Donnelly.

“Yeah top idea…. Who ever came up with the breakfast idea needs an extra pat on the back” Bernard Fisher.
The P&F would like to thank the Annabel family for their kind donation of bacon & eggs from Primo

Father’s Day BBQ Breakfast

Father’s Day Morning Tea & Gift Stall
A reminder to families to order your tea towels!

We need a minimum order for each version tea towel, in order for the business printing them for us to proceed with the fundraiser.

We’d like your order as soon as you can send it, so as not to disappoint. The absolute closing date is **FRIDAY 19TH SEPTEMBER**

This is a great commemorative gift of your child’s grade this year as well as that of their friends!

In years to come, you’ll look back at the drawing your child has done. Above are some of the first drawings some of the kids have done.

Kindy on one towel.
Year 1+2 together on one towel
Year 3+4 together on one towel
Year 5+6 together on one towel

Screen printed in dark blue onto high quality white tea towels.

**ONLY $15 for a limited edition tea towel. Tea towels can be ordered by dropping the order form below with payment into the P&F mailbox in the office in an envelope clearly marked “TEA TOWEL ORDER”**.

If you have any queries please contact our coordinator - **Lyndal Pascoe: lyndal017@yahoo.com.au**

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**Tea Towel Order Form - 1 order form per family**

<table>
<thead>
<tr>
<th>Family Name: ________________________________________________________________________________</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Your children’s names &amp; classes</strong></td>
</tr>
<tr>
<td>1. _____________________________</td>
</tr>
<tr>
<td>2. _____________________________</td>
</tr>
<tr>
<td>3. _____________________________</td>
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<tr>
<td>4. _____________________________</td>
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<tr>
<td>5. _____________________________</td>
</tr>
<tr>
<td>☐ Cash</td>
</tr>
</tbody>
</table>

Cheques payable to “P&F St Michael’s”

**Total number of Tea Towels ($15 each) _________**

**TOTAL amount enclosed ** $ ____________
GIRLS NIGHT IN
Friday 24th October 2014, 7pm to 10pm

Come along, bring your friends & mums for a fun evening whilst raising funds for the Cancer Council and helping our school.

Our event is partnered with BreastScreen Parramatta & the Cancer Council. 50% of profit is a donation to the Cancer Council. Remaining 50% of profit is for our school to purchase vital technology and literacy resources.

BREASTSCREEN Parramatta will have a table for information and mammogram bookings

This is an 18+ years event only

$20 entry
First 500 ladies receive a loot bag & a glass of champagne!

Heaps of shopping, plus
- Beauty stalls
- Manicure stalls
- Jewellery stalls
- Craft & gift stalls

- Giant raffle
- Silent auction
- Food, coffee vans
- Outdoor cafe to sit & relax
- Hunky waiters serving champagne

Come along, bring your friends & mums for a fun evening whilst raising funds for the Cancer Council and helping our school.

https://www.facebook.com/StMichaelsGirlsNightIn
LIKE the Girls Night In Facebook page for updates!
St Michael’s Softball Club
We are looking for two girls for an U9 Mixed T-ball team. Any girls interested from Years 1 or 2, please contact Nola Hanes via the club:
www.stmichaels.softball.org.au
Julianne McCaffery
secretary@stmichaelssoftballclub.com

UNIFORM SHOP—2014
Every Thursday during the Term 8.30 am—1.00 pm
* * * *

UNIFORM PRICE LIST FORM
Available on our website at the following location:
http://www.stmichaelsbhills.catholic.edu.au/school-notes
Orders sent in during the week will be completed on Thursdays.
* * * *

Please label all items of uniform clearly so that they can be returned to your child if lost and found. Please also check the labels on clothing, particularly school jackets, and return to the school office any items that don’t belong to your child so that the item can be returned to its owner.

St Michael’s Academy of Gymnastics
Come and experience the fun and excitement of gymnastics
- Fun in a safe and structured environment
- Qualified and Professional Coaches
- Olympic Standard Equipment
- Foam Filled Landing Mats
- Trampolines
- Affiliated with Gymnastics Australia and NSW

Term 4 2014
Enrolments Now Being Taken
Classes for Boys and Girls 2 years and above
Book now on 9620 8332 or sydneym@hotmail.com
Unit 7/32 Artisan Rd Seven Hills
Unit 5/1a Gibbon Rd Winston Hills
www.sydneygymnastics.com.au