



St Michael's Primary School

Newsletter

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Baulkham Hills

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Issue 11

Term 3 Week 1

Thursday 20 July 2017

From the Principal

Dear Parents

Term 3

Welcome back to Term 3. We look forward to working with you and your child in partnership to achieve the best outcomes for your child's learning and wellbeing. As the students begin to work on their goals this term, it is important that both parents and teachers encourage them to put every effort into really focussing on the areas where they need to improve.

Please remember that the first point of contact for your child's learning and wellbeing is always your child's teacher. You are then most welcome to speak with one of the Leaders of Learning, Mrs Knispel or myself.

Grandparents' Day

Saints Joachim and Anne were greatly honoured by God who gave them a daughter conceived without sin who was to become known as the Mother of God. It would seem that they performed their parenting responsibilities with great grace. Their feast day on 26 July is a day to honour them and all grandparents for their contribution to our lives.

At St Michael's we will celebrate Grandparents' Day on Friday 28 July 2017.

Grandparents' Day is a day when the school community get together to honour our Grandparents. To include our children in the Morning Tea for their grandparents, we would like to ask the school community for their assistance in providing a plate of food. Our P&F Committee and volunteers will coordinate the morning tea and further details are contained in this newsletter. We appreciate the support of our P&F Committee and volunteers.



Grandparents' Day 28 July 2017 Events:

- 8.00 am to approx 1.00 pm - Children's Book Fair in the Hall
- 10.15 am - Grandparents' Day Mass in the Church
- Approx. 11.15 am after Mass - Morning Tea in the Hall (Please note that the morning tea is for Grandparents'/Parents only. Children are not permitted to be in the Hall for WHS reasons. Grandparents can see their grandchildren at 11.45 am when they visit their grandchildren's classroom/s.)
- 11.45 am – 1.00 pm - Grandparents welcome to visit their grandchildren in their classrooms.
- 1.00 pm—3.10 pm—Students will have their lunch and resume lessons after lunch. Please note this is a full day for the students and children remain at school until 3.10 pm.

The best place to be when you're sad is Grandpa's lap. ~ *Author Unknown*

An hour with your grandchildren can make you feel young again. Anything longer than that, and you start to age quickly. ~ *Gene Perret*

If nothing is going well, call your grandmother. ~ *Italian Proverb*

One of the most powerful handclaps is that of a new grandbaby around the finger of a grandfather. ~ *Joy Hargrove*

No cowboy was ever faster on the draw than a grandparent pulling a baby picture out of a wallet ~ *Gene Perret*

Children are God's way of compensating us for growing old. ~ *Mary H. Waldrip*

To a small child, the perfect granddad is unafraid of big dogs and fierce storms but absolutely terrified of the word "boo". ~ *Robert Brault*

What children need most are the essentials that grandparents provide in abundance: unconditional love, kindness, patience, humour, comfort, lessons in life. And most importantly, cookies. ~ *Rudolph Giuliani*

*"Dear God, Please bless our grandparents.
Thank you for the life they gave my parents and for the life they give to me.
For the ways they helped me and made me strong, I give thanks.
For the ways they love me no matter what, I rejoice.
For the ways they have paved the road that leads me here, I am grateful.
Let them grow in wisdom and joy in life.
Let them find peace and rest from their work.
Let them be healed of every sickness and pain.
And let them see with their own eyes the glory of your Son, Jesus, in the love of their children and grandchildren.
Bless them always until they come to rest in you. Amen."*

Wishing you every blessing for the week ahead.

Danuta Maka

Religious Education

Sacrament of Confirmation Programme

Preparation for the Sacrament of Confirmation at St Michael's Church will start in July. Families with children aged ten and a half or older (by 1 Sept), and who have made their First Holy communion, are invited to participate. It is compulsory to attend one of the two registration evenings to be held: 7.30 pm Monday 24 July OR Tuesday 25 July at St Michael's Church. The programme structure will be explained at this time.

If your child has not received previous Sacraments at the Parish of Baulkham Hills, please bring a copy of your child's baptismal certificate and communion certificate to the registration evening. The cost of the programme is \$20 per child.

Please do not hesitate to contact the parish office on 9639 0598 should you require further assistance.

Mr David Ison, Religious Education Co-ordinator

2018 ENROLLING NOW

We are currently finalising our Kindergarten 2018 enrolment places. If you already have children at the school and are thinking about your next child coming to St Michael's in 2018, we would ask that you please contact us as soon as possible to organise their enrolment interview.

If you have any relatives or friends considering enrolling their child at St Michael's in 2018, particularly for Kindergarten, now is the time to remind them to apply.

Please contact the school office on 9639 0518 for further information.

Playing safely

At St Michael's we promote a "hands off" policy when children are playing with each other.

Parents, could you please remind your children about always being sensible when playing. Children are not to pick each other up, swing each other around or do any form of gymnastics on the playground. Thank you for your support.

Social Justice Skills and Mantras Program.

Week 2: Acknowledge teachers and other staff members

- Acknowledge a person by making eye contact; smile and nod or say "Good morning/afternoon".

Week 3: Accept being told "No"

- There is a time a place for everything and the significant. Accept "No" and don't keep pestering.

Prayers

Please keep in your prayers the Elteenn family (Tiana and Mikayla) on the passing of their grandparent recently.

Please keep in your prayers the Dunnachie family (Aidan & Caelyn) on the passing of their grandparent recently.

Eternal rest grant to them, Lord. Let your perpetual light shine upon them. May they rest in peace. Amen.



Road Safety

At the end of last term, Police on the Northern Beaches caught more than 40 parents breaking the law outside five schools, putting schoolchildren's lives at risk.

Police caught 33 parents in No Parking zones, six in No Stopping zones and several doing U-turns across double lines and using mobile phones while driving.

Local police regularly receive complaints from concerned parents or teachers who regularly see parents either parking illegally or conducting dangerous driving manoeuvres around school-children in school zones.

We have also received complaints regarding a white sedan driving dangerously in the afternoon by entering the car park in the exit lane. The entry in and out of the car park is very limited and no cars should be entering the car park exit lane if there are already cars queued in the entry area. This is extremely dangerous to pedestrians and the cars exiting the car park. **Please only enter the car park in the lane closest to the fence and pedestrian walkway. Leave the exit lane free for cars leaving the car park.**

We are unable to publish individual number plates and would ask that you contact the police if you witness cars driving dangerously in the streets around the school so that they can respond and follow up with the driver of the vehicle at the time the offence occurs.

We urge all parents to follow safe driving practices in and around school areas to ensure the safety of our children and families and to be vigilant of all pedestrians at all times.

Please park in designated areas only and do not drive at more than **10 km in the school car park.**

Please be aware that children are crossing streets around the school. Please do not park in no stopping zones, disabled zones, on the corner of streets, or block driveways. If you are parking near the corner outside the Church, please be aware that children are crossing the roads and cannot see other cars due to cars blocking this area by parking too close to the corner.

Please err on the side of caution.



| <i>calendar Dates</i> | |
|-----------------------|--|
| TERM 3—WEEK 1 | |
| Fri 21 Jul | School Assembly 8.50 am—4 Yellow Prayer |
| WEEK 2 | |
| Mon 24 Jul | Peer support Sacrament of Confirmation Registration evening 7.30 pm |
| Tue 25 Jul | 5 Red & 5 Green Excursion Camden Park Environmental Centre 3 Blue & 3 Yellow Parish Mass 9.15 am Sacrament of Confirmation Registration evening |
| Wed 26 Jul | St Bernadette's Netball Gala Day (Please note date change) Incursion—Performing Arts Variety Show 5 Blue & 5 Yellow Excursion Camden Park Environmental Centre |
| Thu 27 Jul | K Blue & K Yellow Parish Mass 9.15 am |
| Fri 28 Jul | Mackillop Girls Cricket Grandparents' Day Eucharistic Liturgy 10.15 am followed by Morning Tea |
| WEEK 3 | |
| Mon 31 Jul | 1 Green Lego Incursion 11.30 am |
| Tue 1 Aug | English ICAS Competition Peer Support K Blue & K Green Parish Mass 9.15 am 1 Blue Lego Incursion 11.30 am |
| Wed 2 Aug | 6 Green & 6 Red Parish Mass 9.15 am 1 Yellow Lego Incursion 11.30 am |
| Thu 3 Aug | Year 3 Excursion Rouse Hill House & Farm 1 Red Lego Incursion 11.30 am |
| Fri 4 Aug | SCHOOL CENSUS DAY Yr 6 Debating |
| WEEK 4 | |
| Tue 8 Aug | 5 Blue & 5 Yellow Parish Mass 9.15 am |
| Wed 9 Aug | 1 Blue & 1 Green Parish Mass 9.15 am Yr 4 Incursion Kaleidoscope Movement Show |
| Thu 10 Aug | 5 Green & 5 Red Parish Mass 9.15 am |
| Fri 11 Aug | Peer Support |
| WEEK 5 | |
| Tue 15 Aug | Mathematics ICAS Competition Whole School Feast of the Assumption Mass 12 pm |
| Wed 16 Aug | Yr 2 Excursion Rouse Hill House & Farm 1 Red & 1 Yellow Parish Mass 9.15 am |
| Thu 17 Aug | Hills Zone Athletics—Blacktown 4 Green & 4 Yellow Parish Mass 9.15 am |
| Fri 18 Aug | STAFF DEVELOPMENT DAY—PUPIL FREE |

Staff Development Day

Friday 18 August will be a professional learning day for the staff. There is no school for the children on this day.

The Staff of St Michael's will be participating in a professional learning day on Religious Education.

20 Minutes Reading a Night



| Student "A" | Student "B" | Student "C" |
|------------------------------|---------------------------|---------------------------|
| | | |
| Reads 20 minutes per night | Reads 5 minutes per night | Reads 1 minute per night. |
| 3600 Minutes per year | 900 Minutes per year | 180 minutes per year |
| 1 800 000 000 words per year | 282 000 words per year | 8 000 words per year |
| 90th percentile | 50th percentile | 10th percentile |

By the end of Year 6, Student "A" will have read the equivalent of 60 whole days.

Student "B" will have read only 12 whole days.

Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school . . . And in life?

Nagy and Herman

Calendar Dates—2017

Term 3—Monday, 17 July to Friday, 22 September

Term 4—Monday, 9 October to Tuesday, 19 December

- **Friday 15 December Students Finish for 2017**
- Monday 18-Tuesday 19 December—Staff Development Days—Pupil free

Calendar Dates—2018

Term 1—Monday, 29 January to Friday, 13 April

- Monday, 29 January and Tuesday, 30 January: Staff Development Days - MAI Testing
- Wednesday, 31 January: Years 1-6 Commence
- Thursday, 1 February: Kindergarten Commence



Assembly Awards—Term 2



Students of the Week

Term 2 Week 9

| | |
|------------|-----------------------|
| KQ BLUE | Jason Chue Hong |
| KvG GREEN | Charlotte Agius |
| KR RED | Isabelle Attard |
| KRT YELLOW | Charlotte Hughes |
| 1HS BLUE | Michael Ezzy |
| 1S GREEN | Jeremy Lee |
| 1G RED | Christine Spiliotakis |
| 1F YELLOW | Jacobo Garces Catano |
| 2R BLUE | Ethan Murray |
| 2J GREEN | Niamh O'Sullivan |
| 2P RED | Olivia Terlikar |
| 2L YELLOW | Maiya House |
| 3B BLUE | Haydn Vella |
| 3H GREEN | Sophie O'Brien |
| 3RC YELLOW | Joanna Kim |
| 4BM BLUE | John-Paul Agnas |
| 4G GREEN | Macie Parkinson |
| 4P RED | Jack Orley |
| 4I YELLOW | Breanah Stevens |
| 5K BLUE | Katherine Liu |
| 5J GREEN | Lachlan Carey |
| 5M RED | Marcus Borg |
| 5OD YELLOW | Robyn Deiri |
| 6F BLUE | Ivana Melching |
| 6B GREEN | Joseph Grasso |
| 6R RED | Lilli Davison |
| 6M YELLOW | Tianna Zabaneh |

Participation

Haydn Vella, Callum Vella

Term 2 Week 10

| | |
|------------|----------------------|
| KQ BLUE | Zara McKinney |
| KvG GREEN | Ema Kolak |
| KR RED | Rachel Martin |
| KRT YELLOW | Flynn Logan |
| 1HS BLUE | Keira Metierre |
| 1S GREEN | Amelia Newman |
| 1G RED | Eva Van Ross |
| 1F YELLOW | Sofia Hurtado |
| 2R BLUE | Eadie Velez |
| 2J GREEN | Ava Galang |
| 2P RED | Nicholas Gunawan |
| 2L YELLOW | Alexander Vasquez |
| 3B BLUE | Tyrashay Gloss |
| 3H GREEN | Michael Dinos |
| 3C RED | Lachlan Martin |
| 3RC YELLOW | Aidyn Hatton |
| 4BM BLUE | Charlize Olic |
| 4G GREEN | Orlando Pellegrini |
| 4P RED | Ciara Jean-Baptiste |
| 4I YELLOW | Sienna Gwynne |
| 5K BLUE | Lucas Faulkner |
| 5J GREEN | Michael Saaib |
| 5M RED | Tiffany Halcrow |
| 5OD YELLOW | Cheng-Lin Lai |
| 6F BLUE | Nathan Saliba |
| 6B GREEN | Monique Papadopoulos |
| 6R RED | Jessica Betros |
| 6M YELLOW | Jaylen Fernandes |

Participation

Sinead Hawes, Cassandra Perez, Lucas Wale

Citizens of the Term

| | |
|------------|---------------------|
| KQ Blue | Halle Fleming |
| KvG Green | Aidan Henson |
| KR Red | Guneet Gupta |
| KRT Yellow | Emma O'Brien |
| 1HS Blue | Emelia Muccino |
| 1S Green | Leislle Chen |
| 1G Red | Nadia Intan |
| 1F Yellow | Lily Tait |
| 2K Blue | Charles Magdic |
| 2J Green | William Faulkner |
| 2P Red | Julian Grasso |
| 2L Yellow | Madeleine Nolan |
| 3B Blue | Archie Ferguson |
| 3H Green | Jazelle Alexander |
| 3C Red | Anthony Ayoub |
| 3RC Yellow | Isaac Thomas |
| 4BM Blue | Kristijan Magdic |
| 4G Green | Ryan Sayers |
| 4P Red | Emily Cory |
| 4 Yellow | Jacob Kelly |
| 5K Blue | Sarah Duda |
| 5J Green | Scarlett Jackson |
| 5M Red | Tiffany Halcrow |
| 5OD Yellow | Georgia Scollard |
| 6F Blue | Christian Zabaneh |
| 6B Green | Chanelle Maikhael |
| 6R Red | Ava Sheppard |
| 6M Yellow | Oscar Nowak Allcorn |

Students of the Term

| | |
|------------|-------------------|
| KQ Blue | Ethan Prior |
| KvG Green | Martina Beux |
| KR Red | Jamie Nicholas |
| KRT Yellow | Oliver Stark |
| 1HS Blue | Alexander Chammas |
| 1S Green | Anika Buric |
| 1G Red | Jake Lenane |
| 1F Yellow | Elliott Thomas |
| 2R Blue | Grace Michaels |
| 2J Green | Savannah Petrovic |
| 2P Red | Ava Griffiths |
| 2L Yellow | Lily May Sharma |
| 3B Blue | Laura Maung |
| 3H Green | Harrison Shand |
| 3C Red | Maja Walkow |
| 3RC Yellow | Reana Eltakchi |
| 4BM Blue | Mia-Angel Skaf |
| 4G Green | Luca Pagliarini |
| 4P Red | Xavier Saffy |
| 4 Yellow | Jade Ehrlich |
| 5K Blue | Kayla The |
| 5J Green | Caitlin Lynch |
| 5M Red | Caelan Kustreba |
| 5OD Yellow | Ben Boxshall |
| 6F Blue | Andre Youssef |
| 6B Green | Rachel Wong |
| 6R Red | Jeremy Gunawan |
| 6M Yellow | Jayden Turner |



grandparents' day



P&F



Community • Friendship • Education
St Michael's Primary School Parents and Friends Association Book Committee

All Grandparents of St Michael's are warmly
invited to our Grandparents' Day
Friday 28th July 2017

From 8am to approx 1pm - Children's Book Fair in the Hall

10.15am - Grandparents' Day Mass in the Church

Approx. 11.15am after Mass - Morning Tea in the Hall

11.45am – 1pm - Grandparents welcome to visit their grandchildren in their classrooms

Grandparents' Day is a day when the school community get together to honour our Grandparents. For our Morning Tea again this year, the P&F would like to ask the school community for their assistance in providing a plate of food (disposable/recyclable container if possible please) from the suggested list below. If you have more than one child, please send in only what you can manage. Please bring your contribution to the Hall before 9am on the day. **NO NUTS PLEASE.** We are most grateful for your assistance. Thank you.

**Our school
cookbook
will be for
sale at
morning
tea!**

\$20



Kindergarten - savoury - dips, cheese, savoury biscuits, chips etc

- Year 1 - fruit / chocolates**
- Year 2 - sweet biscuits / slices**
- Year 3 - cake / tea cake**
- Year 4 - sandwiches**
- Year 5 - cupcakes / muffins**
- Year 6 - scones or pikelets**

This list is a guide only.
If you are a star pastry chef and
your child is down for savoury,
feel free to send in pastries !



Please tear off and return to the office P&F mailbox by next Wednesday 26th July or email us
pandfstmichaels@gmail.com

RSVP

Child's Name: _____ Child's Class: _____ Number of guests: _____

Helpers

We need a number of helpers for morning tea. From 9am to 1pm approximately, to set up, during, to clean up and also to assist at our cookbook-for-sale table on the morning. If you can come to help, please fill in the details below. A P&F member will be in touch with you to confirm. Your assistance is greatly appreciated, thank you.

My Name: _____ Child's Name: _____ Child's Class: _____

Email address: _____ Contact Number: _____

P&F NEWS

Community • Friendship • Education

St Michael's Primary School Parents and Friends Association Baulkham Hills

About the P&F at St Michael's



The P&F is a group of volunteer parents that believe in fun & friendship whilst helping the school through many and various fundraising events during the year. We also cater special morning tea events during the year. Our meetings are once a term and we often bring in a speaker to do a talk on an important topic.

All are welcome to join the P&F. It's a great way to be involved with your child's school, meet other parents and get to know the greater school community. You can either join the General Committee, or just go on our Helper Database which we occasionally email when we need some more hands to help with a specific task or function. You're not obligated to make any massive time commitment. Come to the meetings and help out when you can.

If you are interested, we'd love to have you onboard. If you have any questions about what we do - please email us below.



Find us on
Facebook

www.facebook.com/PFStMichaelsPrimaryBaulkhamHills

Please go and "LIKE" our page for updates & news!

If you have any concerns or feedback, please email: **pandfstmichaels@gmail.com** -

We thank you for your continued support!

ST MICHAEL'S BAULKHAM HILLS - ALLERGY AWARENESS

Throughout our school we have a number of children with **life threatening allergies** (Anaphylaxis) to various forms of food, latex, dust, cats and insect stings. This is a serious matter, one that our school must address.

Some children have allergies that are so severe that smells or touch could trigger a reaction.

In order to do this we appeal to all parents to assist us in caring for these children by considering the type of foods you pack for your own child's recess and lunch.

Our aim is to minimise the amount of peanut and tree nut products brought into the school. These foods are extremely dangerous to our children with allergies and cause 50% of food allergic deaths.

Common foods that trigger an allergic reaction are listed below and we ask you to refrain from sending them to school and to seek suitable alternatives.

| FOOD TYPE | EXAMPLES |
|--|---|
| Peanuts | Any kind of peanut |
| Tree nuts | Hazelnuts, almonds, cashews, pecans, walnuts, macadamia – any kind of nuts |
| Peanut butter | Any kind of peanut butter |
| Nutella | Any brand |
| Biscuits containing or topped with nuts | Particularly chocolate biscuits |
| Cakes or slices containing nuts | |
| Snack packs containing nuts | Dried fruit + nut mixes, snack-a-bouts, Dunkaroos |
| Chocolates containing nuts | Picnics, Snickers, Mars Bars (almond), Nut Breaks, Ferrero Rocher, Fruit and Nut, Praline based chocolates – Guylian, Marble Blocks |
| Chocolate lollies containing nuts | Peanut M&Ms |
| Marzipan and nougat | |
| Breakfast cereals containing nuts | Crunchy Nut or Honey Nut Cornflakes, Muesli, Nutri Grain, Just Right etc |
| Muesli Bars and Snack Bars containing nuts | |
| Yoghurt with nut mixer packs | Ski Double Up |
| Confectionary items | Lolly Gobble Bliss Bombs, Rocky Road |
| "Health Food" confectionary bars containing nuts | |
| Foods containing satay | Thai, Malaysian, Indonesian meals |
| Some moisturisers | |

The Canteen does not sell any of these products.

In the case of a child bringing a nut product to school, teachers will bring the matter to the attention of parents.

There are many foods that DO NOT contain peanuts or nuts in their ingredients list, but the food package has the statement. "May contain traces of dairy, nut or seed". This food may be brought to school and consumed only by non-allergic children.

Due to safety and concerns, we discourage children from sharing food and drink. We would also appreciate parents speaking to their children regarding this matter. Your child's diet at home need not change.

Below is a list of foods that are safe for you to choose from. We're sure you can think of many others.

- Fruit and vegetables
- Dried fruits, Fruit snack packs
- Vegemite, jam, honey, cheese spreads
- Parker's Pretzels, Rice crackers
- Chips, Popcorn
- Plain biscuits – sweet or savoury – without nuts
- Chocolate biscuits – without nuts
- Plain Cornflakes, Rice Bubbles, Weetbix, etc – without nuts
- Fruit based muesli bars and snack bars – without nuts
- Yoghurt – without nuts mixes
- Lollies and confectionary items – marshmallow, spearmint leaves, jelly babies, snakes, raspberries, etc without nuts.



Basically we ask you not to send food to school with your child that contains a nut or nut product listed in ingredients.

We thank you for helping us to provide a safe environment for all children at St Michael's.

2017 PSG TRACK & FIELD EVENT 1500m

Calling for Expression of Interest from Parramatta Diocesan Primary School Students

Trials for the 1500m Event for the NSW PSSA State Team will be held at the 2017 NSW PSSA Athletics Championships on 18 /19 October @ Sydney Olympic Park Athletics Centre.

To qualify for these trials, students enrolled in Catholic schools affiliated with NSWPCS (Polding and MacKillop) will need to complete an Expression of Interest including supporting documentation with ratified times and submit to their Diocesan Sports Coordinator.

All students wishing to compete must advance through our pathway. **We will NOT hold this event at our Diocesan Athletics Carnival**

From these nominations, 2 athletes for Polding and 2 athletes for MacKillop will be selected for each of the events listed below. Students are not required to attend the Polding or MacKillop Athletics Championships.

10 Years Boys (Born 2007)
10 Years Girls (Born 2007)
11 Years Boys (Born 2006)
11 Years Girls (Born 2006)
12 Years Boys (Born 2005)
12 Years Girls (Born 2005)

Students selected for MacKillop and Polding will attend the NSW PSSA Athletics Championships on 18 /19 October @ Sydney Olympic Park Athletics Centre.

Students who place and make the qualifying time will then be selected in the NSW PSSA State team to attend the Pacific School Games in Adelaide 1-9 December 2017.

Please note, this is not an event in the regular NSW PSSA program.

**EXPRESSION OF INTEREST CLOSE 20
AUGUST 2017**
Forms available at the school office.

Star Corner



Congratulations to Tyrin Barnett who learns hip hop dancing and will be dancing with other members of his dance school, Base 181 Studios, at the Justice Crew concert on Friday night. Tyrin will also be part of the pre-game entertainment at the Tigers & Eels Game on Sunday night. Well done!

Mel's Tasty Bites Healthy School Canteen Operators Canteen News

We ask all staff to make sure the lunch basket is dropped in to the canteen at 9 am each morning. Any lunch orders that come in after this time cannot be guaranteed to have the lunch they specifically ordered.

We are a healthy canteen and everything is made fresh on the premises as per the orders received by 9 am.

To order online, please visit www.flexischools.com.au, you will need to register your details. As this is a third party to our company, we do not have access to your account.

Hot Noodles, drinks, slushies, milkshakes and ice blocks that are ordered with your lunch order are only placed in lunch baskets for the Kindergarten students but all other students in Years 1-6 will need to come back to the canteen with their lunch bag that is placed in the lunch basket to pick up these items. This is due to WH&S health and safety regulations as hot and cold cannot be placed together.

Just to fill you in a little about what we have on offer for you:

- We are starting a new competition at all our canteens called 'Lucky Lunch Bag'. A child will be randomly selected each day and they will receive a second lunch bag which will contain a Mel's Tasty Bites Surprise. It can vary from stickers, skipping ropes, books, and other cool school and sport items.
- We also have an account system, where it runs on credit, you can leave minimum \$25 or more on your own personal account at the canteen, that way your child will never have to miss out on recess or a treat at lunch time. You can also let us know if there are certain items you do not wish your child to purchase. This is a separate account to Flexi Schools.
- We have a Loyalty Card System, every time your child places a lunch order at the canteen over \$4.00, they will receive a stamp on their card, once they reach 10 stamps, they will receive a FREE lunch to the value of \$5.00... How cool is that? So be sure to pick up your loyalty card with your first lunch order at the canteen. Just note that the card is the parent's responsibility as they are not recorded at each canteen as it is impossible for us to do.
- If your child has an allergy, you will find on our website home page, a link at the bottom of the page where you can download a copy of the foods we have on offer.
- Not sure what to do for your child's upcoming birthday? We make fresh and homemade cupcakes for your special birthday girl or boy to share their special day with their friends at school. Place your order within 72 hours and a gorgeous tray of cupcakes will be ready for pick up for your little ones special day.
- In summer, we also have a birthday bucket filled with '99% Fruit Juice Ice sticks' for a Student to share with their class on their special day...

We offer many more services, and have specials throughout the week so be sure to stay tuned by Liking our Facebook Page and visiting our website often.

Mel, Mel's Tasty Bites - E: info@melstastybites.com W: www.melstastybites.com



Term 3
**Develop inner strength,
a more shapely body,
better posture, flexibility,
balance & control.**

1pm & 7.15pm Monday at Crestwood
8pm Wednesday at Castle Hill

Term 3 begins Monday 17 July - 10 week term

Strengthen your core muscles to reduce back pain and stress. Improve your posture and stamina.
1 hour class for beginners to advanced levels.

- Early Bird special: pay in full by 6 July pay only \$165
 - Term Fees if paid after 6 July: \$180 (\$165 for full time students)
 - Flexible payment options
 - Get 1 free lesson if you join for the term with a friend*
 - Bookings essential, class numbers limited
- *Conditions apply*

To book or get more information including testimonials, call Sharon Brown, 0414 465 542 or email: shaandy@optusnet.com.au Sharon Brown Pilates

Crestwood School of Dance



Dance with confidence

Classes in jazz, tap,
hip-hop, aerobics,
performance, ballet, and
contemporary.

CSODANCE.COM
0433 898 198
Tania Chodasewicz

Contact us now to try it out!

Crestwood Early Learning Centre

- Extensive School Readiness Program
- Qualified Staff
- Computer Based Learning
- Meals Provided
- Fully Accredited
- CCB available

18 months - 6 years
Open till 6 p.m.



Tel: 9624 5931

44 Kalimna Drive Baulkham Hills 2153

(Close to Crestwood Public School)

Crestwood Early Learning Centre

44 Kalimna Drive
Baulkham Hills

Limited Number of Outside School Hours Care

Positions Available

Please contact the Director

9624 5931

or

0405 279 767

PRIME
ELECTRICAL GROUP

TIM HADDIN
0429 234 404
PRIMEELECTRICALGROUP.COM.AU

DOMESTIC • COMMERCIAL
DATA & COMMUNICATION

5 Self Defence Classes
\$39 Plus FREE Uniform!
(Valued at \$100)

only Discipline
Commitment
Locally Promoted

TSDA
TOTAL SELF DEFENCE ACADEMY

ATTENTION MUMS & DADS!

At last! You can give your family the CONFIDENCE you all deserve!
Our Bully-Proof Confidence Program is suitable for the whole family and will increase self-esteem, focus, respect and discipline.

Offer Valid at TSDA Kings Park

TRIAL OFFER: 5 Classes + Free Uniform Only \$39!
(Valued at \$100).

Bookings essential. PLUS Kickboxing Fitness available for Mums and Dads that want to get fit!

info@totalselfdefence.com.au or phone 0402 833 488

TANIAS STRICTLY DANCING

DREAM
BELIEVE
ACHIEVE

ENQUIRE NOW

FREE TRIAL OFFER
ANY CLASS 1 ANY DAY 1 NO REGISTRATION FEES

Enquire via Website, Facebook, info@tanciasdancing.com.au
OR CALL 1300 823 239

Go4Fun
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