



St Michael's Primary School

Newsletter

3-5 Chapel Lane,
Baulkham Hills

Tel: 9639 0518 Fax: 9639 6734
Email: stmichaelsbhills@parra.catholic.edu.au

Issue 18

Term 4 Week 5

Thursday 9 November 2017

From the Principal

Dear Parents

2018 Kindergarten Orientation

Next Tuesday 14 November and Thursday 16 November are our Orientation days for Kindergarten 2018. We look forward to the children spending time with the Kindergarten teachers and to welcoming our Kindergarten 2018 parents.

We would like to invite our Kindergarten parents to remain at the school for three important workshops which will be held in the school hall while your child is at their morning orientation session. The Literacy, Numeracy and 'Packing A Healthy Lunchbox' workshops will be held on both mornings only. These workshops will give you some very practical strategies which will help your child transition into formal learning.

2018 Student Leadership Policy and Procedures

Thank you to the Year 5 parents who were able to respond to the Student Leadership Policy and Procedures. Your feedback was very much appreciated and helped to make this document much clearer in its intent to have the most suitable students represent the school on the student leadership team. This document is up on the school website.

Reflection

Which one is you in this story?

Two monks were once travelling together down a muddy road; heavy rain was falling. Coming around a bend, they met a lovely young girl unable to cross the intersection. The older monk went up to the girl, spoke briefly with her, then lifted her in his arms and carried her across the mud. The younger monk did not speak again until that night when they had entered simple lodgings. Then, he could no longer restrain himself. "We monks don't go near females," he told the older monk, "especially not young and lovely ones. It is dangerous. Why did you do that?" The older monk replied, "I left the girl there. Are you still carrying her?" So, do you deal with things and get on with life, or do you harbour things within you and let them influence your outlook on life, perhaps in a negative way?

Are you a person who lives in the hurts of the past, who keeps bringing up old issues that revive unresolved pain and hurt. Do you keep a scorecard of petty issues and dwell on them to create a climate of resentment and suspicion? If this is you, then you could be choosing isolation and rejection, as other people in your life are in the process of trying to change or have already changed.

Grudge-holding is an acquired behaviour, it comes with practice and can express itself in anger as a way of creating a false sense of power, a fantasy power. Grudge-holding gives us a feeling of self-righteousness instead of allowing us to deal with a problem and move on. Taking things personally will surely lead to unhappiness. If we choose to personalise things, we choose to feel hurt. Our feelings and how we control them are up to us; they are our feelings.

Angry, grudge-holding people imagine the worst about other people in their minds. They see other people's behaviour as being wrong, even bad, whilst excusing the same behaviours in themselves. If we blame and accuse others of the same faults that we have, we are living in a state of denial and, whilst in that state, we obstruct our own growth and learning. Sometimes our first reaction to a problem is to look for someone to blame. This is an avoidance tactic for us taking responsibility for our share of the problem.

Now, that's more than enough talk about the young monk. How about the older monk? To model a positive attitude by presenting our thoughts in a positive manner, is the most effective way to guide our children's thoughts in a positive direction. Through the various stages of their growth, our children will experience periods of self-doubt perhaps fuelled by negative feedback from their peers, perhaps through their perceived inability to cope with study, social or family expectations or maybe simply finding themselves at the mercy of new emotions. It is during such times that they need us, the significant adults in their lives, to be positive influences for them.

They will need kindness, good humour and support to discover their own strengths. They will need protection from what will harm rather than nourish their minds. They will need a listening ear, when they have important matters to reveal, discuss or seek advice about. They will need to see us putting our values into practice in a relaxed and realistic manner that makes them take note rather than turn away. They need positive thinking parents. Maybe it would have been easier to have been a monk!

"Praise to You, God, for the gift of life. May all that we see and experience lead us to grow in wonder and respect, so that we may value and be thankful for everything in our lives each day. Amen."

Wishing you every blessing for the week ahead.

Danuta Maka

Religious Education

First Communion Masses

Any of the Parish Masses on weekend of 18-19 November

or

Fri 17 November 7.30 pm, Sun 19 November 12 noon and 2.30 pm

Attendance at Weekend Masses is expected throughout the whole programme.

All enquiries—please contact the Parish Office on 9639 0598.

Mr David Ison, Religious Education Co-ordinator

Year 6 Canberra Excursion

Parliament and Civics Education Rebate (PACER)

Year 6 students from our school will soon be undertaking an education tour of the national capital. Students will be given the opportunity to participate in a variety of educational programs with focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families in meeting the cost of the excursion the Australian Government is contributing funding of \$20 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.

Families leaving St Michael's at the end of the year

If your family is not returning to St Michael's for Years 1-6 in 2018, please let Mrs Maka, Principal, know as soon as possible. Please address all letters to Mrs Maka c/o the school office.

We will be looking at placing students in classes for 2018 during Term 4.

Please note that if you are leaving the school at the end of the year in Years K-5, parents must provide one term's notice in writing in lieu of one term's school fee payment.

Please contact the office for further information 9639 0518.

Social Justice Skills and Mantras Program.

Week 6 - Integrity

- Being honest and following your principles.

Week 7 - Tolerance

- Being able to accept the differences and opinions of other people.

Prayers

We pray for those in our community who may be unwell at this time or suffering the loss of a loved one.



We pray for them through Christ Our Lord. Amen.

Enrolments 2018

Years 1-6 enrolments

Interviews are currently taking place for children who will join St Michael's in Years 1-6, 2018.

For further information, please contact the school office on **9639 0518**.

Stop and Drop Volunteers

Thank you to all the volunteers who have volunteered for this year. Your time and efforts are very much appreciated by everyone in our community.

Due to changes with some of our volunteers' commitments, we need to recruit some new volunteers to assist with Stop and Drop.

All it requires is half an hour one morning once a month, so if you have ever thought you'd like to volunteer now is the time! Please contact Rebecca Duda at

rduda@westpac.com.au

Did you know

Your child's best learning time is the start of the school day just a little bit late doesn't seem much but

He/she just missing,	That equals ..	Which is ...	and over 13 years of schooling that's ...
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly half a year
20 minutes per day	1 hour 40mins per week	Over 2.5 weeks per year	Nearly 1 year
Half an hour per day	Half a day per week	4 weeks per year	Nearly 1 and a half years
1 hour per day	1 day per week	8 weeks per year	Over 2 and a half years

Calendar Dates

WEEK 5

Fri 10 Nov	Year 6 Canberra Excursion School Assembly 8.50 am Prayer 5 Green
-------------------	---

WEEK 6—National Recycling Week

Tue 14 Nov	Kindergarten 2018 Orientation Sessions 4 Blue & 4 Red Parish Mass 9.15 am OOSH Annual General Meeting 5.00 pm
-------------------	---

Wed 15 Nov	2 Green & 2 Red Parish Mass 9.15 am Yr 5 Incursion: Kaleidoscope—Light, Colour, Reflections. Lenses
-------------------	--

Thu 16 Nov	Kindergarten 2018 Orientation Sessions 2 Blue & 2 Yellow Parish Mass 9.15 am
-------------------	---

Fri 17 Nov	School Assembly 8.50 am—Prayer 6 Green
-------------------	--

Fri 17 Nov-Sun 19 Nov—First Holy Communion

WEEK 7—Wellbeing Week

Tue 21 Nov	5 Yellow & 5 Blue Parish Mass 9.15 am
-------------------	---------------------------------------

Wed 22 Nov	6 Yellow & 6 Blue Parish Mass 9.15 am Band Concert 6.30-8.00 pm School Hall
-------------------	--

Thu 23 Nov	K Yellow & K Blue Parish Mass 9.15 am
-------------------	---------------------------------------

Fri 24 Nov	School Assembly 8.50 am—Prayer 4 Green P&F School Disco 6.00-9.00 pm School Hall
-------------------	---

WEEK 8

Tue 28 Nov	4 Yellow & 4 Green Parish Mass 9.15 am Choir at Epping RSL
-------------------	---

Wed 29 Nov	1 Blue & 1 Green Parish Mass 9.15 am
-------------------	--------------------------------------

Thu 30 Nov	6 Red & 6 Green Parish Mass 9.15 am
-------------------	-------------------------------------

Fri 1 Dec	School Assembly 8.50 am—Prayer 3 Green
------------------	--

WEEK 9—Years 1-3 Swimming Program

Mon 4 Dec	Years 1-3 Swimming Program
------------------	----------------------------

Tue 5 Dec	Years 1-3 Swimming Program 4 Blue & 4 Red Parish Mass 9.15 am
------------------	--

Wed 6 Dec	Years 1-3 Swimming Program 3 Blue & 3 Yellow Parish Mass 9.15 am P&F Annual General Meeting
------------------	---

Thu 7 Dec	Years 1-3 Swimming Program 5 Green & 5 Red Parish Mass 9.15 am
------------------	---

Fri 8 Dec	Years 1-3 Swimming Program School Assembly 8.50 am—Prayer 2 Green Year 3 Eucharistic Liturgy 10.15 am
------------------	---

Please note that from time to time there may be unavoidable circumstances that may occur and dates advertised for events may need to be changed. Every effort is made to give as much notice as possible when changes occur. We apologise for any inconvenience this may cause.

Band News



Is your child interested in joining the band next year? Would you like more information on the School Band program? The School Band is now taking enrolments for 2018 and participation is open to all students who are currently in year 2-5. No prior experience is required.

Students will have recently attended a Concert by the band and Teaching Services Australia (TSA) staff demonstrating the variety of instruments available for tuition next year. They will also have received a *green Instrumental Band Program Introduction* form. *Students who return this tear-off form, Expression of Interest will be given the opportunity to test a variety of instruments to help them find the one most suited to them. They will then be given a comprehensive Enrolment Pack with the results of this instrument test.*

Learning an instrument in an ensemble is a great way to experience the social, educational and personal benefits that music and the arts have to offer. TSA is committed to providing a quality concert band program, with full band rehearsals, great value tuition and rent-to-buy instrument hire.

This *green Expression of Interest* form is due back to the school office within 5 days. You can download this note at www.teachingservices.com.au or for more information email info@teachingservices.com.au

Slow & Go



We have been contacted by the Hills Shire Council regarding parents who are queueing along Chapel Lane into the Bus Bay at Crestwood High School.

Road Safety Officers from Council have observed that the first vehicles were already queued at 2.35 pm on Chapel Lane with the queue extending into the Bus Bay at Crestwood High School by 3.15 pm.

The No Parking signage along Chapel Lane is for vehicles to wait for no more than 2 minutes but some parents are queuing there for almost an hour. Please remember that our gates do not open until about 3.20 pm and this is far too early. If parents would like to arrive early to pick up their children there are opportunities for them to park legally on the other side of Chapel Lane or in other streets off Chapel Lane.

The queue into the school Slow & Go pick up does not start moving at all until the gates open at 3.20 pm. Please do not arrive so early as we have been advised that you risk being booked for overstaying the 2 minutes on Chapel Lane in the no parking areas (\$183 and 2 demerit points) or for queuing into the Bus Zone at Crestwood High School (\$330 and 2 demerit points).

Those parents who arrive at 3.25 pm or later when the gates to the school are open and the queue is moving along Chapel Lane have a very short wait to enter the school and do not risk these types of infringements.

We urge you to take notice and comply with the information supplied by the Hills Shire Council.



Assembly Awards



Student of the Week—Week 2

KQ BLUE	Chloe Liu
KvG GREEN	Madison Mercado
KR RED	Alex Ena
KRT YELLOW	Elise Galang
1HS BLUE	Cian Jean-Baptiste
1S GREEN	Jared Campbell
1G RED	John Bazouni
1F YELLOW	Erin Choi
2R BLUE	Liam Rubbo
2J GREEN	Lily Mathewson
2P RED	Krishang Gour
2L YELLOW	Zuzanna Latecka
3B BLUE	Madeleine Scotland
3H GREEN	Liam Bellomo
3C RED	Blake Wells
3RC YELLOW	Julia Worsley
4BM BLUE	Sophie Terlikar
4G GREEN	Hollee Stewart
4P RED	Katherine Solina
4I YELLOW	Jay Puglisi
5J GREEN	Benjamin Apps
5M RED	Jacinta Gomez
5OD YELLOW	Kaitlin Giffney
6F BLUE	Lachlan Clement
6B GREEN	Dean Komadina
6R RED	Erik Maslic
6M YELLOW	Alana Burke

Student of the Week—Week 3

KQ BLUE	Ivy McLean
KvG GREEN	Boris Jeloudev
KR RED	Georgie Boehmer
KRT YELLOW	Christopher Bazouni
1HS BLUE	Tierie Stevens
1S GREEN	Kabir Sabnani
1G RED	Eli Kennedy
1F YELLOW	Taine Katalinic
2R BLUE	Lachlan Kable
2J GREEN	Mitchell Salonga
2P RED	Siella Nassour
2L YELLOW	Midhushan Packiarajah
3B BLUE	Laura Maung
3H GREEN	Isabelle Stevens
3C RED	Ysabel Sailago
3RC YELLOW	Cade Boxshall
4BM BLUE	Jemma Adamek
4G GREEN	Ryan Sayers
4P RED	Calum Bowles
5K BLUE	Emile Rizk
5J GREEN	Alessia Colacchio
5M RED	Antonio Pellicano
5OD YELLOW	William Cowling
6F BLUE	Lachlan Gow
6B GREEN	Harrington Thomas
6R RED	Dominic Arundell
6M YELLOW	Jayden Turner

Calendar Dates—2017

- Friday 15 December 2017—Students Finish for 2017

Calendar Dates—2018

Term 1—Monday, 29 January to Friday, 13 April 2018

- Staff Development Days - MAI Testing:
Monday, 29 January and Tuesday, 30 January
- Wednesday, 31 January: Years 1-6 Commence
- Thursday, 1 February: Kindergarten Commence

Easter break— Good Friday, 30 March to Easter Monday, 2 April 2018

Term 2—Monday, 30 April to Friday, 6 July 2018

Term 3—Monday, 23 July to Friday, 28 September 2018

Term 4—Monday, 15 October to Friday, 21 December 2018

- Students finish Wednesday 19 December 2018
- Staff Development Days Thursday 20 December & Friday 21 December 2018

C2K Swimming Program—Years 1-3

The C2K swimming program for Years 1, 2 and 3 will commence this term during Week 9 Monday 4 December to Friday 8 December. The program will be held at the C2K Fitness and Aquatic Centre, Castle Hill RSL.

The swimming program forms part of the PDHPE curriculum and all children are expected to attend. **Grading forms have been sent home and need to be returned tomorrow, Friday 10 November.**

Please note: If your child is unable to participate due to an injury or illness, they will remain at school with another class and not travel to the pool.

Mrs Rosalie Knispel, Assistant Principal



Sport

St Michael's played another fantastic game of cricket in their quarter final. They batted solidly with Dylan Biggs and Naden Cooray scoring 30 and Thomas Williams and Ben Boxshall scoring 29 and 28 respectively for a total of 4/160. They then put in a great team effort in the field supporting each other through to victory against St Mary's Rydalmere 10/105.

Mr Steve Kovelis, Sports Coordinator

Year 5

Mission unit—Money raised from the toy sale:

As part of our Mission unit Year 5 decided to not only raise money but also give something of our own to help others.

All Year 5 students brought in toys they no longer needed to sell to others and donate the money.

We would like to thank everyone for all the support on the Year 5 toy sale, the money we raised was spectacular. Thank you everyone for buying toys. All the money went to the Jesuit Refugee Service. We would like to thank the Year 5 teachers for all the support. We would also like to thank everybody that advertised the toy sale through posters and telling their friends. Thank you to all the Year 5 Students that helped sell, brought in the toys for everyone to have and also everyone that helped sort out all the toys on the tables.

We raised an amazing \$689.70 in just one day and we sold most of the toys at recess.

Thank you for the support and we hope the Year 5 next year do the same.

We have learned a lot about implementing the mission of Jesus in our lives. We have put the needs of others before our own and encourage you all to do the same.

Luke Alderson, Year 5 Student

School Fees

School fees are paid over Terms 1, 2 and 3, therefore no school fee accounts are sent home in Term 4.

Term 3 school fees are now overdue. Thank you to the parents who have paid on time.

Reminder letters have been posted.

If you are experiencing difficulties in finalising payment or have not received a statement please direct your school fee enquiry to Tanya Eastaway on 9639 0518 or email teastaway@parra.catholic.edu.au.

2P Red News

This term, I like doing sports, because I like jumping then catching the ball, it makes me a good sportsman. Last week, I loved doing soccer because I play soccer. When I grow up, I want to play with Real Madrid because they have good players.

Nicholas Gunawan

This term, I enjoyed doing our English tasks because they are a lot of fun. I also learn a lot from them. It also pushes my ability higher so I get challenged. I enjoy English because my tasks are fun. I also enjoyed laughing at my funny pictures at the end of the work!

Ava Griffiths

This term, I have enjoyed learning about doing experiments. I loved doing experiments. Experiments are my favourite science thing to do. I also loved writing about stories.

Julian Grasso

This term, we have been learning about procedures. I liked learning about them because I learnt how to do new things, like how to make a banana milkshake. I also liked setting out procedures because when you find a new one and read it, you learn something new. Procedures have steps that you can follow and pause on. That's one reason why I like procedures.

Aidan Spada

I enjoyed the drums because it was very fast and fun. It was like you're clapping. I learnt that our body can make its own music all day!

Nicola Bugeja

This term, I enjoyed doing maths (fractions). I knew everything but once I was confused when we were doing the flag. Then I realised it was just copying the one in our books. I also liked doing our procedures. I learnt you have to include a "you will need". We also need steps with numbers next to the margin.

Kieran Willathgamuwa#

This term, I loved Religion! It was so fun. We are learning to donate and be kind to poor people. Some people live in countries with wars and don't. They need money to catch a plane to a safe country. So that's why we donate! We are so lucky, we have a home to live in.

Savannah Ayoub

Epipens



Mylan Australia wishes to advise they will be supplying eligible patients an EpiPen® Jr 150mcg Adrenaline (epinephrine) Auto-Injector, expiring **30 November 2017**, at no charge. Requests will only be accepted for patients requiring an EpiPen® Jr before the end of the month and who do not have access to another in-date EpiPen® Jr.

This is a temporary solution until regular supply returns to the Australian market.

Patients will need to return to their pharmacy to replace the EpiPen® Jr at the end of November. We expect stock with a later expiry to be available mid-to-late November 2017.

Patients can obtain supply by contacting their pharmacy.

Pharmacists should then contact the Mylan Customer Support team on 1800 274 276.

We thank you for your patience.

Mylan Australia

Star Corner



Congratulations to **Jade Potuzanski** (Year 3) who was awarded the most outstanding Junior Jazz student for 2017 at a very large dance studio.

Congratulations to **Genevieve Bowles** (Year 2) who was awarded the overall most outstanding dancer and won a scholarship for a year's tuition at the same dance studio. This is a huge award to have received at just 7 years old.

Well done to both girls on their achievements!

Back path street area

Therese Court, Bernadette Place, Miriam Court, Coolock Crescent

A reminder to everyone to be **respectful of our neighbours**.

- Please **do not park across the driveways** of homes or double park.
- Please keep your **children by your side** and do not allow them to play in neighbours' front yards.
- Parents need to **move on** from these streets as soon as they have collected their children so that we are not creating a backlog of traffic in the area.
- Please do not allow your children to play in the creek area.

Uniform ordering App

St Michael's uniform is now on the QKR App. The App can be used for all online uniform orders. Instructions are on our website or available from the school office.

Delivery is every Tuesday and Friday during the school term and orders must be placed by 4 pm Monday and Thursday for delivery the next day.

You can try on samples at the school before school and after school for your convenience. Please try on the sizes before ordering to avoid disappointment.

Please choose carefully as we do not refund if you simply change your mind or make a wrong selection. However, we gladly exchange. Returned merchandise **MUST** be in its original condition and accompanied by proof of purchase otherwise the exchange will not be honoured.

If you have any enquiries please email Elle:

elle@ozfashions.com.au

PRIME
ELECTRICAL GROUP

TIM HADDIN
0429 234 404
PRIMEELECTRICALGROUP.COM.AU

DOMESTIC • COMMERCIAL
DATA & COMMUNICATION

INSPIRED BY OUR OLYMPIC RUGBY 7s TEAMS?

Join us at
Hills Junior Rugby Union

START YOUR JOURNEY WITH FOXTEL VIVA7s!

Fun and fast, FOXTEL VIVA7s is the new, exciting non-contact version of Rugby, suited for all ages!

5 week Program from Early Feb 2018
Yattenden Park, John St, Baulkham Hills
hillsrugby.com.au for more details

FOXTEL VIVA7s
WWW.VIVA7S.COM.AU

CHANGE

Please note that the school office is unable to provide change for out of school Sport or P&F fundraising activities. Please send in the correct money in an envelope with child's name, class and the details of the activity. Thank you.

Gilroy College

Gilroy Catholic College Castle Hill is now accepting enrolments across all Years for 2018 and for Year 7 2019.

For information regarding enrolments, please contact the College office Monday to Friday 8 am to 4 pm or email the Registrar Mary McBain mmcbain@parra.catholic.edu.au

collective.care

COULD IT BE A SLEEP BREATHING DISORDER?

With epidemic levels of allergies amongst kids and teenagers, Sleep Breathing Disorder is a silent complication.

Depriving developing brains of oxygen can cause poor concentration, irritability and poor energy, which can mimic attention deficit disorder.

GET YOUR MEDICARE REBATABLE SCREENING AND TREATMENTS NOW.

Contact collective.care on 1300 344 325 or info@collective.care

Our Doctors are trained to assess oral + nasal airways and can test for allergies and arrange treatment for sleep breathing disorders, quickly.

For more info visit: www.collective.care

BELLA VISTA | EDGECLIFF | WOLLONGONG

At collective.care we offer specialist clinics in Allergy, Ear, Nose & Throat, Skin, Eye and Nutritional Medicine

BULK BILLING AVAILABLE

As a commitment to improving local access to allergy testing for the epidemic levels of allergy in our community, we have kept bulk billing available.

Dream. Believe. Achieve.

TANIAS STRICTLY DANCING

FREE TRIAL OFFER

ANY CLASS ANY DAY NO REGISTRATION FEES

Ph: 1300 TANIAS
Em: info@taniasdancing.com.au
www.taniasdancing.com.au

Unit 103 - T1 Building Level 1
14 Lexington Dr, Bella Vista NSW 2153

Crestwood Early Learning Centre

- Extensive School Readiness Program
- Qualified Staff
- Computer Based Learning
- Meals Provided
- Fully Accredited
- CCB available

18 months - 6 years
Open till 6 p.m.

Tel: 9624 5931

44 Kalimna Drive Baulkham Hills 2153
(Close to Crestwood Public School)

4.4%

OWN AN INVESTMENT PROPERTY?

Tattersalls Real Estate Residential Property Management

- 4.4% + 1 weeks letting fee with no hidden extras.
- Is the service good? We'll give you a 3 month FREE TRIAL to prove it.
- We will donate \$100 per property on your behalf to your school.
- Changing from your current property manager is simple, all you need to do is fill in one form and we'll take care of the rest.

TATTERSALLS REAL ESTATE

tatters.com.au ☎ 02 9091 0162 ✉ hello@tatters.com.au

Grand Master **Incheol Yoo**

Martial Arts for Kids From 3 yrs

Start a new life with a positive attitude

- ✓ Discipline ✓ Confidence ✓ Concentration
- ✓ Self Defence ✓ Bully safety accredited

45 years of experience
WTF International Referee
Masters Degree in TKD

TAEKWONDO WORLD Martial Arts School

5 Gladstone Rd, Castle Hill
8850 7771 tkdworld.com.au

9th Dan Black Belt

REGISTER NOW FOR YOUR FREE TRIAL CLASS

Realise Your Potential

- Confidence • Motivation • Fun • Safe
- Friends • Respect • Self-Defence

KEYSTONE

www.keystonemartialarts.com.au
Ph 02 9838 7218