



St Michael's Primary School

Newsletter

3-5 Chapel Lane,
Baulkham Hills

Tel: 9865 1600 Fax: 9865 1699
Email: stmichaelsbhills@parra.catholic.edu.au

Issue 3

Term 1 Week 6

Thursday 7 March 2019

From the Principal

Dear Parents

Catholic Schools Week

Thank you to our parents who attended our Catholic Schools Week events on Monday 4 March. As a way to mark Catholic Schools Week a student from each class was asked to share what they like about St Michael's school. These reflections were shared at our assembly last Monday. Here is a sample of some of what the students had to say (the rest will be posted on the school website shortly):



I like St Michael's because in Year 1 we work really hard and that makes the day go quickly. Zachary C

St Michael's to me, feels like home, somewhere, I belong. The many kind students and teachers make me feel really special, like more than just an average girl in another average school. But St Michael's is really welcoming, and belonging, and accepts me. Emily K

I think that the best thing about St Michael's is that I can share my learning with others. Helping others makes me happy and that's why I like this school. Bianca D

St Michael's—a school that will wrap you up into the arms of an angel guiding you from Kindy to Year 6. Holly

Why I love St Michael's is because the teachers teach me how to follow in the footsteps of Jesus. They show me this by teaching me with love and kindness. Our school motto is "Knowledge, Faith and Love". Knowledge—the wonderful way our teachers teach us. Faith—we are a Catholic school. Love—We love God, we love how the teachers and students show compassion to one another and love for the care we show each other. Elizabeth S

I like St Michael's because we learn lots of different things. Jonah V

St Michael's is a treasure chest, full of gold bars. Our teachers are like diving instructors helping us dive deep within ourselves and showing us the way to discover new things. Samuel K

It was wonderful to see so many families being able to support us in our celebration of learning. The teachers and students really enjoyed being able to showcase their learning.

Kindergarten Teddy Bear's Picnic

Thank you to our Year 6 student leaders who made our Teddy Bear's Picnic such a fun day for our new Kindergarten children. The picnic was well attended and the P&F did a splendid job providing the sausage sizzle. Thank you to the volunteers who helped on the day. Another successful community building event.

2020 Kindergarten enrolments

St Michael's has had its first open day for Kindergarten enrolments 2020. The morning was very well attended and once again our Year 6 leaders made us all so proud with the way they were able to lead groups of parents around the school. Many of our visiting families commented on how informed and articulate our student leaders were in telling them about St Michael's school.

Our next 2020 Kindergarten Open Morning will be on Tuesday 9 April at 9.30 am.

Interviews for new and exiting families will be arranged as soon as Enrolment applications are received.

Ash Wednesday

Yesterday was Ash Wednesday which marks the start of Lent. Lent is the period of 40 days which comes before Easter in the Christian calendar. The Lenten season is a time when we, as Catholics, observe a period of fasting, repentance, moderation, self-denial and spiritual discipline. The purpose is to set aside time for reflection on Jesus Christ—his suffering and his sacrifice, his life, death, burial and resurrection.

Prayer

*O God, You sent us Christ to show us the way to you.
Trusting in your love, we call out to you to assist us in our ministry.
Help us spread your Word to all we meet and lift others with the Good News.
Through Christ Our Lord, Amen.*

Wishing you every blessing for the week ahead.

Damita Maka

Enrolling now for Kindergarten 2020



Next Open Morning
Tuesday 9 April 2019
9.30 am – 10.30 am

Phone 9865 1600
Email: stmichaelsbhills@parra.catholic.edu.au



Religious Education

Preparation for the Sacrament of Reconciliation

A reminder that Session 2 - Parents and Children - will take place this coming Tuesday 12 and Wednesday 13 March at 7.30 pm in the church. For all enquires please contact the parish office on 9639 0598.

Project Compassion

The theme for Project Compassion 2019 is based around Hope and giving 100% in the name of hope. It is great to see students in each classroom generously donating money towards this social justice action appeal.

This first week of Lent, we will hear the story of twelve year old Thandolwayo. Every morning she would walk seven kilometres and risked being attacked by crocodiles as she collected contaminated water for her family. Thandolwayo would then go to school feeling exhausted.

"It looked like she would never realise her hope of finishing her education and becoming a nurse, until a Caritas Australia supported project created access to clean water helping Thandolwayo to stay at school and achieve a future full of hope."



During each week of Lent, the children will be given the opportunity to reflect on the positive impact the donated funds are having on the lives of different people in poverty.

The Parish of Baulkham Hills Stations of the Cross – Good Friday 19 April

We are asking for expressions of interest for children in Years 2-6 who would like to participate in the St Michael's Stations of the Cross Play on Good Friday 19 April.

Children interested are asked to return the slip below to the school office.

Stations of the Cross Play practices will occur at 6 pm before Junior Elevate on Friday 15 March, Friday 29 March and Friday 12 April.

Families with children in Years 7-12 as well are encouraged to contact Youth Minister Paul Fam (0407773174) with regards to when their practices will occur.

Please return this slip to the school office

I would like my child _____
from class _____

to participate in the St Michael's Stations of the Cross on Good Friday 19 April.

I understand my child will need to attend the practices at 6 pm on 15 March, 29 March and 12 April.

Social Skill Tips for Parents

Week 7: C from Respect

- Cooperate with all members of the St Michael's community.

Week 8: T from Respect

- Think before I act. Know what triggers anger.

Week 9: Mantra 1—Stop! No! Go

- Stop! I don't like it when you _____ (name what you don't like)
- No! I asked you to stop _____
- If the behaviour continues: Go and tell the teacher on duty

Prayers

We also pray for those in our community who may be unwell or suffering at the moment.

We ask this through Christ Our Lord, Amen.



2020 Enrolments

Our remaining School Open Mornings for Kindergarten 2020 Enrolments are:

Tuesday 9 April 9.30 am to 10.30 am

Wednesday 5 June from 9.30 am to 10.30 am

Enrolment packages can be collected from the school office between 8.00 am and 4.00 pm.

Enrolment Process

Enrolment at St Michael's Primary Catholic Primary School includes your return of the Enrolment Application with the following:

- Birth Certificate
- Baptism Certificate
- Immunisation History Statement (visit www.medicareaustralia.gov.au or call 1800 653 809 and request your statement)
- Passports with visa (if not Australian Citizens).

It is essential that both parents/guardians sign the different sections of the Enrolment Application.

Your prompt return of this form will be appreciated. When you return your form, you will be invited for an interview.

We are currently contacting families who have submitted an enrolment application for 2020 to organise an appointment for you and your child to attend an interview this term.

For further enquiries, please contact the school office on 9865 1600.

<i>Calendar Dates</i>	
WEEK 6 Catholic Schools Week 3-9 March Transforming Children's Lives	
Fri 8 Mar	School Assembly 8.50 am—Prayer 3 Green
WEEK 7 - Wellbeing Week	
Wed 13 Mar	Year 5 Reconciliation
Thu 14 Mar	Years 2-6 Cross Country
Fri 15 Mar	School Assembly 8.50 am—Prayer 2 Yellow
WEEK 8	
Thu 21 Mar	Harmony Day
Fri 22 Mar	School Assembly 8.50 am—Prayer 1 Yellow 1 Blue & 1 Green Excursion: Powerhouse Museum
WEEK 9	
Fri 29 Mar	School Assembly 8.50 am—Prayer K Green 1 Red & 1 Yellow Excursion: Powerhouse Museum
WEEK 10	
Thu 4 Apr	School photo day
Fri 5 Apr	School Assembly 8.50 am—Prayer 6 Yellow
WEEK 11—Holy Week	
Mon 8 Apr	Whole School Non-Eucharistic Liturgy 12 pm
Tue 9 Apr	Kindergarten 2020 Open Morning Yr 1 Excursion—"Room on a Broom" Riverside Theatre
Thu 11 Apr	Whole School Non-Eucharistic Liturgy 12 pm
Fri 12 Apr	Kindy Excursion—"Possum Magic" Riverside Theatre Term 2 concludes—3.10 pm
School holidays 13 April to 28 April	
TERM 2—WEEK 1	
Mon 29 Apr	Students return for Term 2
Fri 3 May	School Assembly 8.50 am
Please note that from time to time there may be unavoidable circumstances that may occur and dates advertised for events may need to be changed. Every effort is made to give as much notice as possible when changes occur. We apologise for any inconvenience this may cause.	

<i>School Terms - 2019</i>	
Term 1—Finishes on Friday 12 April	
Term 2—Monday 29 April to Friday 5 July	
Term 3—Monday 22 July to Friday 27 September	
Term 4—Monday 14 October to Friday 20 December	
<ul style="list-style-type: none"> • <i>Students finish Wednesday 18 December</i> • <i>Staff Development Days Thursday 19 December & Friday 20 December</i> 	

School Musical—Shakespeare Rocks!

This year St Michael's will be performing an exciting musical production called Shakespeare Rocks! This will coincide with Book Week and will be held in the evening of Monday 19 August and Tuesday 20 August. Selected students from Yrs 3-6 will be involved, and auditions are already underway to fill our acting and singing roles. The performance will include the school choir, and dance troupe as well as a group of about 50 actors. This is a very exciting opportunity for our students who love to perform. More details will be sent home later this term, with those students who have been selected for a part in the production.

Ukuleles

This year we are purchasing a class set of ukuleles, which is very exciting. Years 4 and 5 students will be learning the ukulele in their music lessons from next term.



Uniform Purchases

Dear Parents,

As of 10 March 2019 all St Michael's uniform orders can only be placed by using the QKR app by MasterCard.

The QKR app is a safe and convenient way to order and ensures your uniforms are delivered to the school every Tuesday and Friday during the school term.

Please note always read the terms and conditions on the app before ordering.

Please follow the flyer (included with this newsletter) to download the app and set up your account.

All winter uniforms are now available for purchase. Please place your orders early before end of term to ensure you receive your uniforms in time for next term.

Thank you and kind regards, *Elle, Ozfashions*

Changeover into Winter Uniform

Monday 13 May 2019

Children may continue to wear their summer uniform for the first two weeks of Term 2 but if the weather turns cold before Monday 13 May, children may wear their winter uniform. Children must either wear their full summer uniform or full winter uniform on these hot or cold days until 10 May. From Monday 13 May all children are expected to wear their full winter uniform.

Please label all items clearly, especially hats and jackets. Children are responsible for their own belongings.

Lost property is placed in a tub outside the Mercy Room, near the canteen.

School fees

In the coming days, families will receive a Statement of School Fees for 2019. Please ensure you review the options for fee payment. If you have any queries in relation to your Fee Statement, please contact Rasha Azar on 9865 1600.

Assembly Awards

Students of the Week- Week 4

KvG GREEN	Katie Normoyle
KR RED	Cooper Bisson
KIR YELLOW	Toby Wilkins
1MT BLUE	Campbell Lloyd
1Y GREEN	Celia Liu
1W RED	Nadia Faraji
1F YELLOW	Daniel Bailey
2F BLUE	Georgia Marley-Wallace
2J GREEN	Martina Beux
2P RED	April Williams
2c YELLOW	Christian Zerefos
3G BLUE	Daniel Rubbo
3H GREEN	Oliver Wahab
3S RED	Emily Sayers
4FR BLUE	Ava Griffiths
4L GREEN	Jessica McDowell
4F RED	Spencer Bennett
4I YELLOW	Lachlan Paredes
5K BLUE	Lily Moore
5H GREEN	Jade Potuzanski
5M RED	Lauren Nada
5OD YELLOW	Sydney Fisher
6K BLUE	Georgia-Marie Barakat
6B GREEN	Jade Ehrlich
6RD RED	Jacob Kelly
6BR YELLOW	Matthew Urquhart

Students of the Week- Week 5

KQ BLUE	Livia Muccino
KvG GREEN	Angus Franklin
KR RED	Lydia Xia
KIR YELLOW	Matteo Cagata
1MT BLUE	Mia Pavicic
1Y GREEN	Connor Stevens
1W RED	Michael Conneely
1F YELLOW	William Bull
2F BLUE	Hugo Wilkins
2J GREEN	Oliver Stark
2P RED	Dominick Macorig
2c YELLOW	Jessica Pellicano
3G BLUE	Keira Thomson
3H GREEN	Mattea Volpe
3S RED	Willem Yates
3OC YELLOW	Ryan Pangalos
4FR BLUE	Charles Magdic
4L GREEN	Anthony Toubji
4F RED	Ava Galang
4I YELLOW	Charlotte Lucak
5K BLUE	Sienna Tornatore
5H GREEN	Billie Gwynne
5M RED	Mia Giffney
5OD YELLOW	Ysabel Sailago
6K BLUE	Luca Pagliarini
6B GREEN	Quentin Mani
6BR YELLOW	Mary Boutros

News from 6K Blue—Mr Knight's class

In our science unit, Year 6 have been learning about how sudden geological changes and extreme weather events affect the Earth's surface? Children in 6K having been using technology to research various natural disasters and created a presentation to explain their findings. They will now be using the information they have gathered to create a system that minimises the effect and impact of a specific natural disaster to a town.



Morning routine at St Michael's

In order for the children to develop their social skills, independence and confidence we ask that when you bring your child to the school playground that you give them a hug/kiss and leave the grounds as soon as possible.

Morning supervision commences at 8.20 am.

This play time in the morning gives the children opportunity to socialise, make friends and play their ball games with each other. **Please give them this experience and build their confidence by leaving the grounds once you have said your goodbyes.** Please do not join in their ball games as some children are getting upset that their parent is not there / cannot join in.

For safety reasons, please say all your goodbyes to your children on the playground and do not go up the stairs with toddlers or assist your child in carrying their school bag.

We also request that parents do not go to classrooms without an appointment. If you need to speak with a teacher, please leave a message at the school office or send in via email. These messages are forwarded to teachers and they will get back to you as soon as they can.

We want all the children to feel St Michael's is a happy and safe place. These small steps in establishing routine can help us all build the children's independence.

We thank you for your understanding and support.

Star Corner

Congratulations to Owen Bellomo and Xavier Saffy who participated in the Little Athletics Regional Championships at Blacktown Olympic Park recently. Prior to Christmas Owen Bellomo participated in the North West Metropolitan Zone Championships and successfully qualified for both the 1500 m and 800 m events at the Regional Championship. Owen competed well in both events. In the 1500 m he placed 9th out of 16 runners and 800 m he placed 12th out of 16 runners. Xavier Saffy also competed in the 1500 m event and placed 11th. It is a great achievement for both boys to qualify to compete at this level of competition. Well done!



International Women's Day—Friday 8 March 2019

International Women's Day is celebrated around the world on 8 March.

The United Nations (UN) theme for International Women's Day 2019 is **More Powerful Together** and is a day to reflect on how far we have come and how far we still have to go to truly achieve gender equality.

Australia's IWD 2019 theme, recognises the important role we all play. It takes all of us, working in collaboration and across that which sometimes divides us, breaking down stereotypes and gendered roles to create a world where women and girls everywhere have equal rights and opportunities.

Right now is a great and important time in history to do everything possible to help forge a more gender-balanced world. Women have come a long way, yet there's still more to be achieved. Let's take a moment this Friday to celebrate women's achievements and this year tenaciously challenge bias whenever we see or hear it.

For further information: <https://unwomen.org.au/>

National Day of Action Against Bullying and Violence—Friday 15 March 2019

Schools across Australia are being called to get involved and take action on the ninth National Day of Action against Bullying and Violence (NDA) on Friday 15 March.

The theme for the 2019 NDA is **Bullying. No Way! Take action every day.**

The NDA gives schools the chance to take action and empower young people to be part of the solution when addressing bullying in their school community. It provides an opportunity to focus on bullying and the big changes we can make to create safer communities for everyone.

St Michael's will join the thousands of Australian schools already part of the nationwide movement as an official NDA school and get ready to take action on Friday 15 March.

One of the biggest concerns is getting our response to bullying right and acting on any instance that we observe. It is very important that we are all operating on the same level regarding bullying. For this reason I have included the national definition of bullying below as well as some examples of what constitutes bullying as well as some non examples of bullying. Please read carefully.



Definition of bullying:

The national definition of bullying for Australian Schools says:

Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen in person or online, via various digital platforms and devices and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records).

Bullying of any form or for any reasons can have immediate, medium and long-term effects on those involved, including bystanders. Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Behaviours that do not constitute bullying include:

- Mutual arguments and disagreements (where there is no power imbalance)
- Not liking someone or a single act of social rejection
- One-off acts of meanness or spite
- Isolated incidents of aggression, intimidation or violence.

However, these conflicts still need to be addressed and resolved.

The Federal Government has called for a National Day of Action Against Bullying and Violence on 15 March 2019 and has invited schools to register and participate in a variety of activities. St Michael's has registered. Please follow the link to see more about this import cause. <https://bullyingnoway.gov.au/NationalDay>

As part of our Positive Behaviour Support for Learning (PBS4L) focus for next week, our students will have specific lessons on:

- Using kind words and manners.
- Keeping hands and feet to ourselves.



St Michael's
Baulkham Hills

FAITH
IN ACTION
TEAM

Exciting News from#

St Michael's Faith in Action Team!#

We are the *St Michael's Faith in Action Team (FIAT)*! We aim to foster the personal and spiritual growth of our students by engaging them in faith experiences and events at school. Through these experiences, we build stronger connections between our school and our parish.

Faith on Fire#

Each term, Year 5 students have the opportunity to join the *Faith on Fire* group with Mrs Lazaroo. Students are involved in faith-based Creative Arts activities, dance, music, drama and visual arts when the Faith on Fire group meets once a week. The students enjoy sharing their faith with their peers at our school assemblies each term.

Mini Vinnies#

Year 4, Year 5 and Year 6 students have the opportunity to join the *Mini Vinnies* group with Miss Herzog and Mrs Yogev. The students in Mini Vinnies help raise awareness of social justice issues in our community. More exciting news to come soon! #



Lifted Live Junior featuring Fr Rob Galea#

In February, students involved in the Faith on Fire group had the opportunity to attend a special event, Lifted Live Junior at Penrith Panthers, organised by Catholic Education Diocese of Parramatta and Catholic Youth Parramatta. This exciting event gathered 762 students from primary schools in our Diocese and offered a combination of music, testimony, discussion and prayer with Fr Rob Galea who is a highly acclaimed young Catholic Priest, singer, songwriter and performer from Sandhurst Diocese, Victoria. He was a headline performer for the Australian Catholic Youth Festivals in Adelaide 2015 and Sydney 2017 as well as for the recent World Youth Day 2019 in Panama.#



#

Moments that 'Lifted' Us!#

Fr Rob Galea shared about how he once was a kid without hope and how his life changed when he allowed God into his life. And now he is an awesome young priest who writes songs, sings and plays guitar, has a Youtube Channel and loves to share his love of God! #

- Charlotte

#

I loved the music and Fr Rob's stories of hope. He is inspiring and encouraging!#

- Gemma

#

Fr Rob taught us to send up our worries to God, we don't have to worry alone as he is with us.#

- Joanna

#

We learnt songs about God and we learnt actions to help add meaning to the songs. It was fun! #

- Thomas

#

We can always rely on God, we should have faith in God and trust in him the most because we really need him in our lives.#

- Sienna

#

Keep trying and never give up!

God has your back! #

- Shanelle & Tyrashay

#

When you fall down, you need to get back up and try again! #

- William & Harrison

#

You can talk to God like a friend! #

- Lucas

#

Fr Rob shared about how with God, he has overcome many fears and how God can also help us overcome our own fears.#

- Emily

#

Believe in yourself and you can do it! -

Millie#



We need to surround ourselves with people who lift us up and make us stronger, and we need to lift up the people in our lives too! We can do this with God's help!#

~ Fr Rob Galea#



P&F Kindy 2019 Teddy Bear's Picnic Saturday 23rd February

Thank you to the Year 6 Leaders who came, played games and danced with the Kindy kids. Also a massive thank you to the volunteers on the day who helped Marina, Phil, Sophia, Belinda, Bronwyn, Karen, Jody, Richard and George.





P&F

Community • Friendship • Education
St Michael's Primary School Parents and Friends Association Boultham Hills



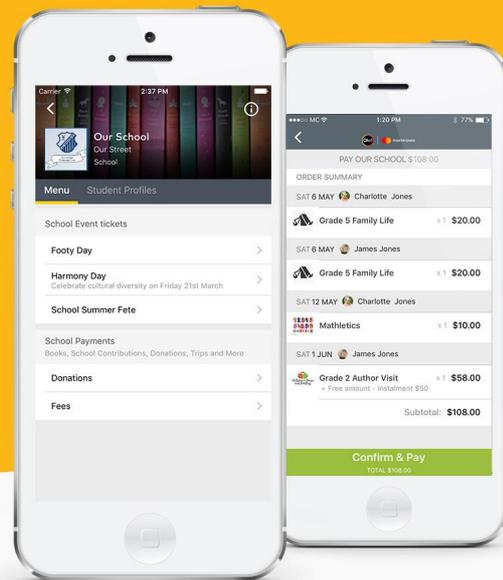
masterpass

For quicker, hassle-free school payments, try Qkr! today

Introducing Qkr! (pronounced 'quicker') by Mastercard, the secure and easy way to order and pay for school items from your phone at a time and place that suits you.

With Qkr you can:

- Pay for a variety of school items;
- See your receipts on the app and get them sent by email if required.



Getting started is easy - try it yourself today

Step 1 Download Qkr!

on your Android phone or iPhone. iPad users can download iPhone app



Step 2 Register

Select your Country of Residence as 'Australia' and follow the steps to register

Step 3 Find our school

Our school will appear in 'Nearby Locations' if you're within 10kms of the school, or search for our school by name.

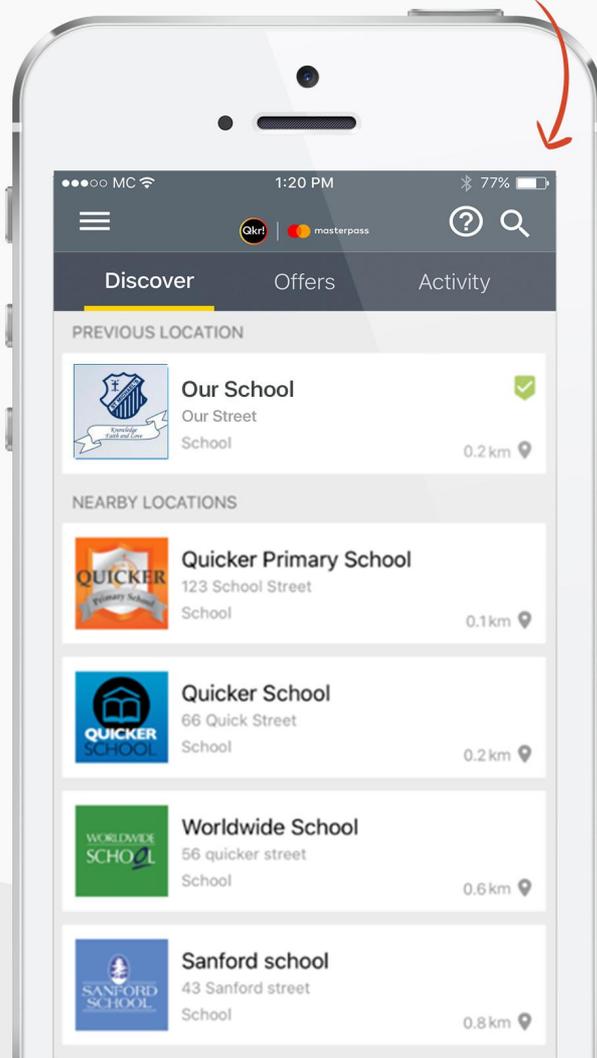
Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

Search for our school name

If you have made a purchase you can select our school from 'Previous Location'

If you're within 10 kms of the school, you can select our school from 'Nearby Locations'

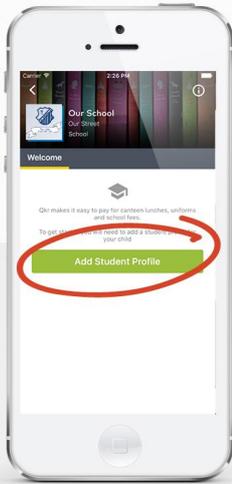




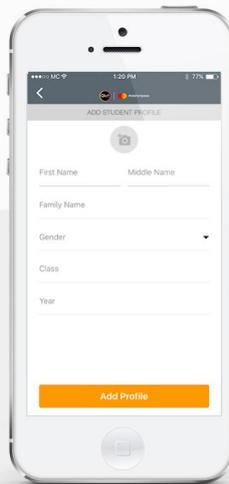
masterpass

Add your children's details in Student Profiles

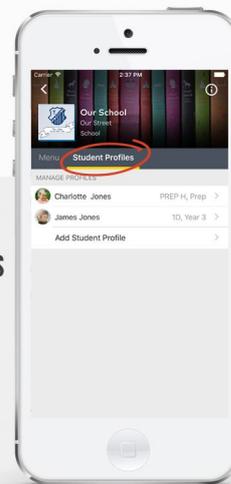
Select
'Add student profile'



Add each
child's details

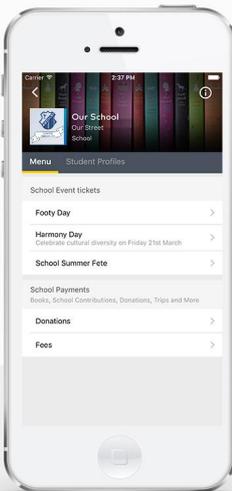


Manage each
child's details in
Student Profiles

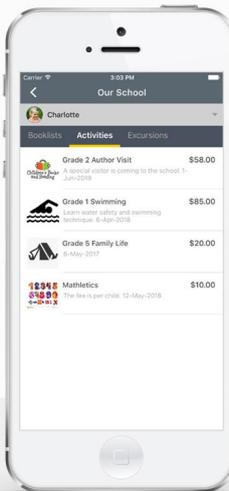


Purchase school items

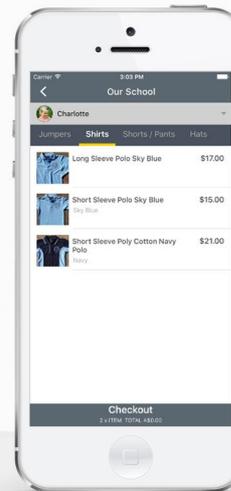
Select a menu
from our school



Select child
you are
ordering for



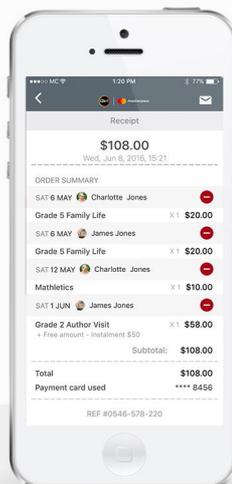
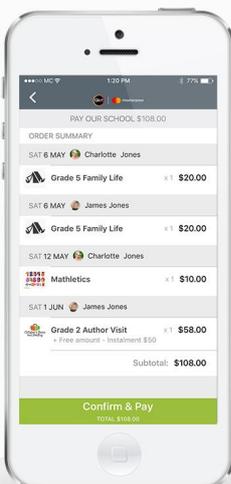
Select your items



Tap 'Checkout'
then confirm and pay

Making payments

Add up to 5 cards to your wallet



At checkout select which card to
pay with.

Pay with any cards accepted
by the school.

Once your payment is approved you
can continue to the home page, or
view your receipt.

The Northern Deanery invites you to our
Family Picnic on 17th March

St Patrick's Day at

St Madeleine's Primary School

28 Annangrove Rd Kenthurst from 12 noon – 4pm



Come, share and meet your fellow parishioners
BYO Picnic lunch and everything you need
Barista coffee available
(No barbeques allowed due to potential fire ban)

Entertainment and children's
activities organised by the Youth
Leaders of your parish.

Deanerypc@parishofbaulkhamhills.org.au



ENROLLING NOW FOR 2020



Catherine McAuley is a Catholic girls' secondary school, located at Westmead. Our broad curriculum encourages young women to pursue independent lifelong learning.



OPEN NIGHT

Tuesday 12 March 2019 4.00pm - 7.00pm
This school open event will give visitors the opportunity to tour the school and view facilities as well as meet our School Principal and School Leadership Team.

CONTACT OUR SCHOOL ON 9849 9100 FOR AN ENROLMENT PACK. APPLICATIONS CLOSE 22nd MARCH 2019

Catherine McAuley, 2 Darcy Road, Westmead | www.mcauley.nsw.edu.au

JOIN THE ELITE CLUB

WE INSPIRE GENIUSES!

1300 278 326

LEARN THROUGH PLAY!

We are a new after-school innovative program that follows a modern approach to learning. We encourage our students to learn through play, which results in open-ended creativity and a love for learning. We teach Primary students Science, Technology, Engineering and Maths principles in a fun and relaxing environment. Entrepreneurship training is another key focus at SKC.

Facebook: SteamKidsClub

TANIA'S STRICTLY DANCING

THE STAGE DOOR
PERFORMING ARTS

REGISTER NOW

CALL: 1300 TANIAS
Email: info@taniasdancing.com.au
Book online: www.taniasdancing.com.au

Enrolments now open

Students 5-18 Years

Helen O'Grady Drama 2019

Classes at Dural, Kellyville, Castle Hill, Quakers Hill, Baulkham Hills, Rouse Hill, Oakhill Drive and Bella Vista

0438 788 080
www.helenogrady.com.au
sydneywest@helenogrady.com.au

- Speech
- Creativity
- Confidence

#ACTIVE KIDS

APPROVED PROVIDER
ACTIVE KIDS
CAN YOU DO MORE THAN ONE WORLD ALL AT ONCE?

Fit4U Teen
is an approved provider of the
\$100 NSW Active Kids rebate program

fit4u personal training specialists
teen Register at www.fit4uports.com or 0411808608

PRIME

ELECTRICAL GROUP

TIM HADDIN
0429 234 404
PRIMEELECTRICALGROUP.COM.AU

DOMESTIC • COMMERCIAL
DATA & COMMUNICATION

"YOUNG BEREAVED SPOUSES" SUPPORT GROUP (CatholicCare)

Diocese of Parramatta
CATHOLIC CARE
Social Services

The Young Bereaved Spouse (YBS) Support group offers monthly support to men and women whose spouse or partner has died. Age guideline of under 55 years old, whether a parent or not. This group is held on the 3rd Tuesday of each month. First Gathering for the year: Tuesday 19th March Venue: 13 Buller St, North Parramatta Time: 6.45pm for 7pm start to 9pm. Cost: \$5 Registration Essential: Contact Rita on 8843 2575 or email: soloparentservices@ccss.org.au

Martial Arts for Kids From 3 yrs

9th Dan Black Belt

Start a new life with a positive attitude

- ✓ Discipline ✓ Confidence ✓ Concentration
- ✓ Self Defence ✓ Bully safety accredited

45 years of experience
WTF International Referee
Masters Degree in TKD

TAEKWONDO WORLD 5 Gladstone Rd, Castle Hill
Martial Arts School 8850 7771 tkdworld.com.au

MERINDAH MEDICAL CENTRE

OPEN 7 DAYS

MALE & FEMALE GP's | PATHOLOGY SERVICES

AMPLE PARKING | CONVENIENT LOCATION

8825 8222
42 Merindah Rd, Baulkham Hills

www.merindahmedicalcentre.com.au

BULK BILLING

ONLINE BOOKINGS AVAILABLE