



# St Michael's Primary School

## Newsletter

3-5 Chapel Lane,  
Baulkham Hills

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Issue 10

Term 3 Week 2

Thursday 30 July 2020

### *From the Principal*

Dear Parents

Welcome back to Term 3! We look forward to working with you in partnership to achieve the best possible learning outcomes for each student together with their positive wellbeing.

### *Grandparents*

Our grandparents are a special gift in our lives. They watch over us as we grow and are often some of the most important teachers in our lives. Saints Joachim and Anne, Jesus' grandparents, were greatly honoured by God who gave them a daughter conceived without sin who was to become known as the Mother of God. It would seem that they performed their parenting responsibilities with great grace. Their feast day was on 26 July and is a day to honour them and all grandparents for their contribution to our lives.

Unfortunately due to the current restrictions, we were unable to celebrate Grandparents Day as a whole school community. This special day was acknowledged in our school assembly on Monday 27 July.

### *A Prayer for Grandparents*

*Heavenly Father, We thank you for the gift of our grandparents. May saints Joachim and Anne, the grandparents of your Son Jesus, be an everlasting model for them. Protect and support them, we pray, as they pass on the rich traditions of their faith to their beloved grandchildren. Keep our grandparents constantly in your care, accompany them on their earthly pilgrimage and by your prayers, grant that all families may one day be reunited in our heavenly homeland, where you await all humanity for the great embrace of life without end. Amen.*

### *P&F Mufti Day Fundraiser result*

Thank you to our children and families for raising \$1,144.55 for Youth Off the Streets at the end of last term. It was a successful day and the children enjoyed being in mufti for the final day of the term to support this worthy cause.

### *School photos—Wednesday 5 August*

School photos will take place for the whole school on Wednesday 5 August. Information was sent home yesterday. Year 6 will have an additional photo taken on Friday morning, 7 August for their end of year Graduation book. All students will need to be in full winter school uniform for all photographs.

### *Kindergarten 2021 new families enrolment morning*

At the moment we will be proceeding with our Open morning for prospective families on **Wednesday 19 August commencing at 9.30 am**. Bookings will be essential with limited numbers.

### *COVID-19*

We continue to follow COVID-19 health and safety guidelines and follow advice received from Catholic Education Diocese of Parramatta. We will update our families via our Skoolbag App as new information is provided to us.

- Teachers are reminding students how to wash hands.
- There are soap dispensers in the toilets, and these are topped up regularly. Signs have been placed in classrooms and toilets to remind and demonstrate hand washing procedures.
- Each class has been provided with hand sanitizer pumps.
- Teachers continue to be vigilant with monitoring and acting regarding children who appear to be unwell.
- If a student presents as unwell at school, they will be isolated from other students and staff in the sick bay or an area of the office. Parents will be contacted to collect their child.
- The school has discouraged handshakes, hugs and kisses.
- Additional cleaning is taking place.

## *Keeping children with nut allergies safe*

We have a number of children who have nut allergies. *Anaphylaxis* is the most severe form of an allergic reaction, and is life threatening. Just a reminder to all parents to please ensure that you do not send any nut products into school with your children. Thank you for your support in helping to keep these allergy children safe. More information on allergy awareness is included in this newsletter.

## *Chapel Lane—Afternoon pick up—Slow & Go*

We have been contacted by the Hills Shire Council regarding parents from the school queuing on Chapel Lane for the afternoon Slow & Go pickup.

This impacts safety at the bus bay at Crestwood High School and queues also extend into the No Stopping areas beyond the bus bay.

We have been asked to remind parents who use the Slow & Go pickup area that you should arrive after the gates open and not before to reduce the queuing and illegal parking along Chapel Lane.

The 'No Parking' signage on Chapel Lane allows vehicles to stop for no more than 2 minutes and within 3 metres of their vehicle with fines of \$191 and 2 demerit points applicable in school zones for those who do not follow these rules. Included with this newsletter are flyers regarding the No Parking restrictions.

Parents using the Slow & Go school pickup areas must not be queuing here for long periods of time every afternoon. Please plan your arrival time so as to minimise queuing on Chapel Lane.

If you wish to arrive early before the gates open for vehicles you can park in another area and walk in to the school to collect your child/children.

Council Compliance Officers will be providing enforcement on Chapel Lane.

## *Reading, Writing, Spelling*

I draw your attention to the following information regarding how parents can help their children with reading, writing and spelling.

*"You make a difference to your children's reading journey. Your role as an advocate for your children's reading success cannot be overestimated. It has a direct impact on the ease and confidence with which they pursue their reading and writing. It is the joy and love of sharing a good book on a nightly basis that sets the foundation for their reading success, and ensures that reading is given the priority it deserves. Reading regularly with someone who cares is the inspiration that all readers deserve.*

### ***Learning to spell—What we need to know***

*Spelling is a tool for writing. Reading, writing and spelling are interconnected. Readers and writers are constantly building up images of how words look. Writers become conscious users and consumers of words. They take notice of words in the books they read and the words they see in their environment.*

*Good spellers are resourceful. When they notice that a word does not look right, they experiment and substitute other letters, find the word in a book, a magazine, the environment, the dictionary, use the spell checker, or ask someone.*

*Every writing time is a spelling time. Writers compose for meaning first and foremost. They proofread to ensure the intended message is conveyed accurately and appropriately for their intended reader.*

*Teachers vary the way they teach spelling."*

*"Parents' guide to helping children with reading and writing at home," Kaye Lowe, PETAA, Primary English Teaching Association*

Spelling is a tool for writing, and when we spell words, we draw on the four forms of spelling knowledge, these being:

- Phonology—how we sound words
- Visual—how words look
- Morphology—parts within words that signify meaning, grammar
- Etymology—the historical, cultural origin of words.

Students need to write every day including a variety of writing activities in a range of contexts, leading to the ultimate goal of becoming better spellers and writers. Student spelling lists do not improve through disconnected weekly spelling lists (or tests).

Spelling is a tool for writing and this is the best place to teach spelling, in the reading-writing classroom, not in a separate lesson that often consists of drill and practice of words that have little significance for students.

*Wishing you every blessing for the week ahead.*

*Danuta Maka*

## 2021 Kindergarten Open Morning

Wednesday 19 August

9.30 am - 11.00 am

*Limited places—Bookings essential*

To make a booking or discuss your child's enrolment

Phone 9865 1600



### School Terms - 2020

Term 3 - Monday 20 July to Friday 25 September

- Students and Staff return Monday 20 July

Term 4 - Monday 12 October to Friday 18 December\*

- Students finish Wednesday 16 December
- Staff Development Days Thursday 17 & Friday 18 December

### 2020 School Fees

Those families who are not directly financially impacted by Covid-19 we appreciate your continued support in paying your fees (school fees are generally due 30 days from the date of the school tax invoice). CEDP have not included a due date on instalment 2 fees as some families require some flexibility with school fee payment.

If you would like to organise a flexible payment plan for your 2020 school fees please phone or email Rasha Azar at [stmichaelsbhills@parra.catholic.edu.au](mailto:stmichaelsbhills@parra.catholic.edu.au).

Please click on the following link for Covid-19 school fee relief if required: <https://www.parra.catholic.edu.au/feerelief>

Please Note all excursions have been cancelled therefore a reversal of a portion of the activity fee will be processed. This includes a reversal for the Year 6 Canberra camp and meal component.

### Prayers



Please keep in your prayers Jack Webb (6BR) and his family on the passing of his paternal grandfather.

Eternal rest grant to him Lord. Let Your perpetual light shine upon him. May he rest in peace. Amen.

### Social Skill Tips for Parents

#### Week 3: Ask for help if you need it

- Ask for help if you need it; whether in the playground, with work in the classroom, or out of school. Ask questions that will help you understand the task.

#### Week 4: Perseverance

- Having the ability to continue to maintain a purpose in spite of difficulties.
- Keep trying even when work seems too hard.
- FAIL: First Attempt In Learning;
- Try a new strategy; Ask for assistance.

### ACARA Collection Student Background Data Notice

The Australian Curriculum, Assessment and Reporting Authority (ACARA) collects data from schools to determine the Index of Community Socio-educational Advantage (ICSEA). CEDP is currently working to provide relevant details to the Catholic Education Commission of NSW. Data collected is de-identified of personal information.

Parents and caregivers must advise their school if they don't want their child's data included in this report by 28 August 2020.

Copies of Catholic Education Diocese of Parramatta (CEDP) Standard Collection Notice and Privacy Policy can be obtained from the school office.



**2 MINUTES  
MAXIMUM**  
and  
Driver must  
remain within  
**3 METRES**  
of their  
vehicle

**FINES & DEMERIT POINTS APPLY**

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### Catholic Education Office leaving the school policy

If you are leaving the school, one term's notice in writing is required otherwise you will be charged the term's school fees as per the enrolment agreement.

Thank you for your understanding.

**YEAR 6 FAREWELL**

**Save the date—4 December 2020**

**Year 6 Farewell Committee**

## IMPORTANT ALLERGY INFORMATION

At St Michael's we have a number of children with **life threatening allergies** (Anaphylaxis) to various forms of food, latex, dust, animals and insect stings.

**Some children have allergies that are so severe that smells or touch could trigger a reaction.**

In particular, we have a number of children who have severe allergies to nuts. While allergic reactions are common and most are not serious, for some people the reaction can be life-threatening. Anaphylaxis can occur within minutes of an exposure to a trigger.

We see prevention as a major part of providing a safe environment for these children. **In order to support these children, we ask that you do not send in nuts or any foods containing nuts to the school with your children.**

**Common foods that trigger an allergic reaction are listed below and we ask you to be 'nut aware' and refrain from sending them to school and to seek suitable alternatives.** The following list gives examples of such foods:

FOOD TYPE	EXAMPLES
Peanuts / peanut butter	Any kind of peanut or peanut butter
Tree nuts	Hazelnuts, almonds, cashews, pecans, walnuts, macadamia – any kind of nuts
Sesame seeds	
Nutella	Any brand
Biscuits containing or topped with nuts	Particularly chocolate biscuits
Cakes or slices containing nuts	
Snack packs containing nuts	Dried fruit + nut mixes
Chocolates containing nuts	Picnics, Snickers, Mars Bars (almond), Nut Breaks, Ferrero Rocher, Fruit and Nut, Praline based chocolates – Guylian, Marble Blocks
Chocolate lollies containing nuts	Peanut M&Ms
Marzipan and nougat	
Breakfast cereals containing nuts	Crunchy Nut or Honey Nut Cornflakes, Muesli, Nutri Grain, Just Right etc
Muesli Bars and Snack Bars containing nuts	
Yoghurt with nut mixer packs	
Confectionary items	Lolly Gobble Bliss Bombs, Rocky Road
"Health Food" confectionary bars containing nuts	Uncle Toby's yoghurt muesli bars
Foods containing satay	Thai, Malaysian, Indonesian meals

**The Canteen does not sell any of these products.**

In the case of a child bringing a nut product to school, teachers will bring the matter to the attention of parents.

There are many foods that DO NOT contain peanuts or nuts in their ingredients list, but the food package has the statement. "May contain traces of dairy, nut or seed". This food may be brought to school and consumed only by non-allergic children.

Due to safety and concerns, we discourage children from sharing food and drink. We would also appreciate parents speaking to their children regarding this matter. Your child's diet at home need not change.

Below is a list of foods that are safe for you to choose from. We're sure you can think of many others.

- Fruit and vegetables
- Dried fruits, Fruit snack packs
- Vegemite, jam, honey, cheese spreads
- Parker's Pretzels, Rice crackers
- Chips, Popcorn
- Plain biscuits – sweet or savoury – without nuts
- Chocolate biscuits – without nuts
- Plain Cornflakes, Rice Bubbles, Weetbix, etc – without nuts
- Fruit based muesli bars and snack bars – without nuts
- Yoghurt – without nuts mixes
- Lollies and confectionary items – marshmallow, spearmint leaves, jelly babies, snakes, raspberries, etc without nuts.



**Basically we ask you not to send food to school with your child that contains a nut or nut product listed in ingredients.**

**We thank you for helping us to provide a safe environment for all children at St Michael's.**

## 2020 Sacramental News...

### Confirmation – Parish of Baulkham Hills



The Sacrament of Confirmation is available to all children of the Parish who are 10/11 years of age or older and who have received the Sacraments of Penance and Eucharist.

**Children must be at least 10½** at the time of the celebration of the Sacrament.

Our Sacramental Programs will be run a little differently this year for both St Michael's and Our Lady of Lourdes communities.

There will be **NO ENROLMENT WEEKEND**. We have decided to cancel the enrolment weekend as attendance by families will cause the COVID 19 restrictions in each church (currently 100) to be exceeded.

- **Registration will be online** and it will be assumed, by registering, that you and your child will commit yourselves to this program.
- Preparation for the Sacrament will be **via online YOUTUBE videos**. These short videos are mainly for parents use only, outlining briefly what is expected each week. Links to these videos will be sent weekly.
- Parents and children are asked to then **work through the Children's activity workbook**, "The Sacrament of Confirmation", which will be available via the School or from the Parish Office.
- There may be questions or issues which you want to discuss. An opportunity will be provided toward the end of the program via ZOOM.
- Please keep an eye on your emails for links and information related to the program.

#### **The 2020 Confirmation Program will run as follows:**

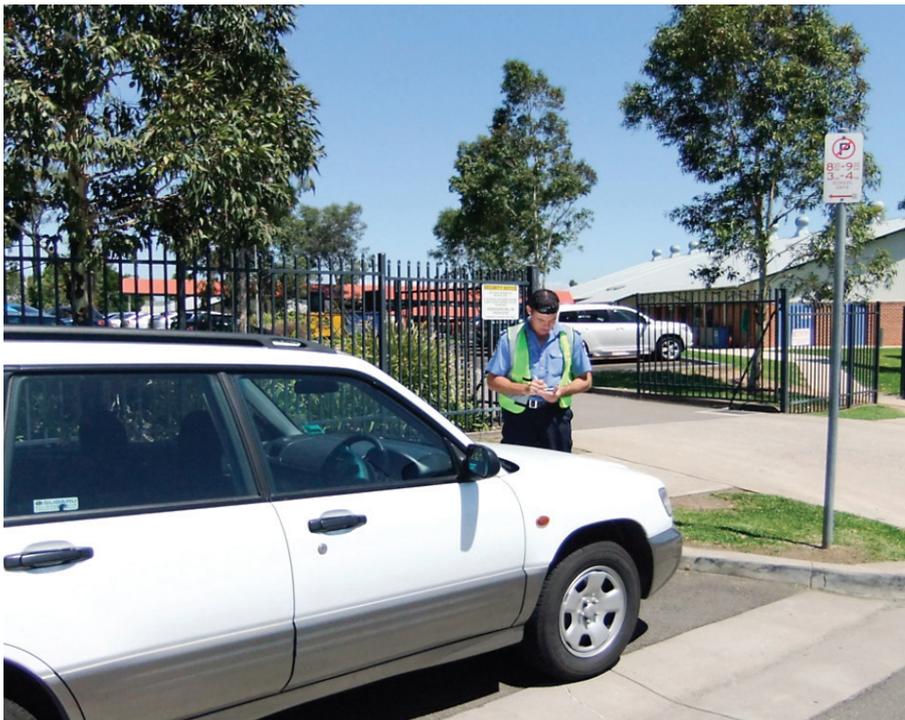
- **Week 1** – starting August 10
  - Jesus promises the Holy Spirit
- **Week 2** – starting August 17
  - The Holy Spirit Comes at Pentecost
- **Week 3** – starting August 24
  - The work of the Holy Spirit
  - Gifts and Fruits
- **Week 4** – starting August 31
  - Celebrating the Sacrament
- **Week of 7 – 11 September**
  - **Conferring of the Gifts of the Spirit in the Sacrament of Confirmation, limited to candidate, parents & Sponsor.**

If you have any questions or concerns, please speak with Father Wim or contact the Parish Office for further information.

Registration URL: <https://bit.ly/2WnrP9B>

## Parking Rules & Penalties Fact Sheet

# NO PARKING



**You can stop only to drop off or pick up passengers or goods**

**and you must not stop for more than 2 minutes  
and The driver must stay within 3 metres of your vehicle**

Stopping includes when the vehicle is not moving but the engine is still running

**SCHOOL ZONE**

Penalty from \$191 and 2 demerit points

Council's Compliance Officers enforce parking signs at your school.

For more information please contact The Hills Shire Council on 9843 0145



# P&F

Community • Friendship • Education  
St Michaels Primary School Parents and Friends Association Baulkham Hills

# SPONSORS



# Pollet's

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## MARTIAL ARTS CENTRE

We train students across all age groups in a variety of disciplines, including Muay Thai, Boxing, Kickboxing, Karate, Mixed Martial Arts and more.

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**Castle Hill**  
**30/5 Salisbury Rd**  
**Castle Hill**

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## Parish of Baukham Hills

### Alpha: The Couch Edition!

You are invited to meet with others just like you online, and come along on a journey (from the comfort of your own living room!) and explore topics of life, faith and meaning. There is no cost and no commitment. (But we have to tell you that it doesn't take long for Alpha to become a highlight of your week!).

Meet with us via Zoom online 7.15 pm on Wednesday's beginning on 5 August. Bring a cuppa and come as you are - Alpha is for anyone at all - no need to be a church goer, or even a Catholic!

If you are interested, jump onto this 'expression of interest' online form available here:

<https://forms.gle/235q7Fh8joK9cJX3A>

For more information, text Crystal (0422651267) or Jerry Wilkes (0423342215) from the Parish of Baukham Hills.



## Change in contact details

Please let the school office know if you have changed any of your contact details:

- Home address
- Phone numbers
- Email addresses
- Emergency contact information—friends, aunts, uncles, grandparents



## Winston Hills Warriors Registrations Summer 2020/2021 Season

Col Sutton Reserve  
Baukham Hills Road, Baukham Hills

2 August 9 August 16 August

9am - 1:30pm  
Modball &  
Baseball

**ALL PLAYERS...**  
Please attend at least one week of grading to ensure placement in correct team

9am - 1:30pm  
Modball &  
Baseball

**PLUS**  
9am - 10:15am  
Try Tball

9am - 1:30pm  
Modball &  
Baseball

**PLUS**  
9am - 10:15am  
Try Tball

TIME	DIAMOND	TEAMS	PLAYERS BORN
9:00 - 10:15am	1	Tball	2013,2014,2015, 2016
9:00 - 10:15am	2	U10 Modball	2011,2012
9:00 - 10:15am	3	U11 Liveball	2010
10:30 - 11:30am	3	Little league (U13)	1 Sept 2007 - 30 Dec 2009
11:30 - 12:30am	1	Junior league (U15)	1 Sept 2006 - 30 Aug 2007
12:30 - 1:30pm	1	Senior league (U17)	1 Jan 2004 - 30 Aug 2006

Online registration will be available soon. Details will be provided at our grading days and published soon on our website. With the changing environment around Covid-19 any changes to these dates and times will be posted on the website and Facebook page the week prior to each trial date

Email: [winstonhillsbaseball@gmail.com](mailto:winstonhillsbaseball@gmail.com)

Registrar: Kerri Douglas 0421104266 Junior Co-ordinator: Glen Fuller 0414665941

[www.whjbc.org](http://www.whjbc.org)

# CHEER ENERGY

COME AND TRY OUR

## RECREATIONAL CHEER

WEDNESDAY  
6PM - 7PM

WE WANT EVERYONE TO EXPERIENCE  
WHAT CHEER IS ALL ABOUT !!

### 5 X FREE SESSIONS

For more information contact  
[admin@cheerenergyaustralia.com.au](mailto:admin@cheerenergyaustralia.com.au)  
10-14 / 10 Hudson Avenue, Castle Hill

THE  
**STAGE DOOR**  
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