

St Michael's Primary School Newsletter

Term 1 Week 2: Friday 3 February 2023

Message from the Principal



Dear Parents/ Caregivers

Welcome to the 2023 school year. To all our students and families and to our caring community, we offer the warmest of welcomes. A special welcome to all our new families who have enrolled children from Kindergarten to Year 6.

We welcome our new staff members to the school community and thank all the staff who worked hard during the holidays to prepare wonderful learning experiences and environments for their students.

We hope this is a happy and successful year for everyone.

We all know that children receive the best education when parents and teachers work as a team. Parents enthusiasm, support and involvement are integral to the success of our school as are the skills, dedication and professionalism of teachers. Together, staff and parents can provide educational excellence for every student, so that they can achieve their personal best.

If parents are involved, are supportive of school decisions, policies, student achievement will improve and student behaviour will be cooperative; this will lead to the enjoyment of high quality education.

It is important that parents and teachers have good communication opportunities. Productive communication is about speaking and listening actively and respectfully, and about not making assumptions or having minds made up before conversation has commenced.

If problems arise, they do not have to be stumbling blocks; they can be opportunities to work together to find positive and creative solutions - solutions that will benefit our children. A face-to-face meeting is better than venting on social media or in the car park.

We hope that throughout the year, our community will come together to participate in and volunteer at a variety of school functions, activities and events, including celebrations of our Christian faith. In this way relationships are formed and positive attitudes developed that give positive input to our children. It is said that a child's life is like a piece of paper, on which every person leaves a mark. Hopefully, all marks left during the year will be indicative of respect, care and encouragement.

Central to the existence of our school is the integration of faith and culture transmitted in the various Key Learning Areas that comprise the curriculum. In this way we hope that our students will learn how to follow Christ within our Australian culture. We invite all parents to feel welcome, comfortable and free to contribute to the cultural context of our school community.

Meet your child's teacher 'Meet and Greet' - Week 4 - week commencing Monday 13 February

The opportunity will be provided during the week of 13 February to meet your child's teacher. Online booking times will be made available next week.

Thank you in advance for completing the Parent Questionnaire that all teachers will send out by next week. Teachers will also sent out an overview of the learning for Term 1. Meeting your child's teacher one on one is an opportunity to begin a positive relationship and to clarify anything regarding the learning or your child's wellbeing.

It is too early for the teacher to give any indepth feedback to parents about their child.

Wellbeing Policy

St Michael's aim is to provide a safe, pleasant environment for all children, staff and parents which fosters a sense of belonging, positive self-esteem and a love of learning. Our Wellbeing Program which has been implemented is included in this newsletter.

Welcoming Mass / Year 6 Leader Induction

Our whole school Welcoming Mass will be held on Friday 17 February at 12 pm in the Church.

During this Mass we will present our 2023 Year 6 school leaders with their badges and also take the opportunity to welcome new students and staff. We will pray for success in our learning in the year ahead.

Places will be reserved for the parents of our 2023 Year 6 leaders. Whilst we would like to welcome all of our families to join us at this special mass, the size of the school and the size of the Church limits the number of places available. Fifty places for parents is as much as we can accommodate.

In saying this, however, parents are most welcome to join their children when your child attends their grade mass. These grade masses will be for an entire grade only and there will be plenty of room for our families. Teachers will let you know when their class is attending the parish 9.15 am Mass as a grade.

Year 6 Leaders

Congratulations to the following students on their leadership positions for this year.



School Captain	Colour House Captains	Community Leaders
Scarlett Barakat	Mercedes (Blue)	Jacob Ayoub
Koby Gwynne	Peter Baszczyj Monai Ghetto-Tarantolo	Angelina Bechara
	McAuley (Gold)	Koko Chen
Vice Captains	Jessica Pellicano Charlie Tindale	Elise Galang
Halle Fleming Hugo Wilkins	Quinn (Green)	Akshara Kumaran
	Evie Di Mauro-Howe Jacob Montesin	Lachlan Leahy
	Clare (Red)	Xavier Parker
	Luke Hoddinett Grace Savill	Kelson Thé

We wish them every success as they strive to be great role models to other students and fulfill their leadership responsibilities this year.

School Assemblies

All parents are invited to join us for Monday afternoon school assembly at 2.15 pm. The details for registering your attendance will be sent to our families. Registration is essential.

Teachers out of class

Currently we have three EMU (Extending Mathematic Understanding) specialist teachers working in the school:

Mrs Danielle Fleming Mr Vaughan Knight Mrs Marie Orehek

These teachers work with a group of students who require some extra support to help them reach the benchmark for their grade. These lessons occur every day for 45 minutes a day. During this time a designated teacher replaces them to take their Religion class. As far as possible it is the same teacher on the same class. Please understand that there are occasions where this is not possible as the teacher may be on leave.

Each Leader of Learning has one day a fortnight to work with their grade partners and support the children's learning across the grade. The relief teacher for the Leader of Learning and REC is the same person throughout the year. The REC has three days a fortnight.

As with all professions, teachers have to maintain their accreditation through their attendance at professional learning. Sometimes these take place during the day in which case a relief teacher will be employed. We have a bank of relief teachers and always endeavour to employ the same person for a class. Teachers also have their entitlements such as long service leave, sick leave, family leave, maternity leave and bereavement leave. On any occasion when a teacher is absent the relief teacher follows the class teacher's program and has the support and guidance of the other teachers on the grade. Thank you for your support and understanding.

Kinder Welcome

Thank you to the P&F Committee and their support volunteers for providing morning tea for our Kindergarten parents. This is a great way to build community and for our new families to begin to make friends with other families who have a child in Kindergarten 2023.



School uniform

All of our students from Year 2-6 have received their school diary. Please note the diary includes a copy of our school uniform policy. We ask parents to sign the diary showing their support for our school uniform policy.

We are trying to encourage all of our children to be proud of being part of St Michael's and to wear their uniform with pride.

COVID

Covid continues to be present in our community. With that in mind we encourage all of our families to keep your child home if they are unwell.

If your child has COVID symptoms, please use a Rapid Antigen Test and keep your child at home until they are symptom free and no longer positive. Please inform the school if your child tests positive to COVID.

Thank you for your support.

The Kids Bulletin

Each week the eldest child from each family will receive a copy for the Kids' Bulletin. This is an activity sheet that includes a crossword puzzle, find a word, colour coding, a reading about a Saint of the Week and also Sunday's reading. Sunday's reading is written in a way that makes it easy for the children to understand God's message to them. Children and families are invited to do as much of the activity sheet as they like or read Sunday's reading together as a family.

This could be an opportunity for families to share their faith and have some time to talk about God's message in the Sunday Gospel.

New toilets / bathroom facilities

The builders were true to their word and our newly refurbished toilet block on the top playground was completed and opened for the children on day one. For those of you who saw what there were like before the renovation, these toilets are now a state of the art facility.

Prayer

"Lord, As we come together to form our school community for this year, empower us to be generous, confirming and obliging. May the gifts of Your Spirit be alive and practised in every aspect of our school life, as we live it together. Amen."

Wishing you every blessing for the week ahead.



knowledge, faith and love



Enrolling now for Kindergarten 2024

Phone 9865 1600

Email: stmichaelsbhills@parra.catholic.edu.au



27 February 2023 9:30am - 11:00am

7 March 2023 9:30am - 11:00am

14 March 2023 9:30am - 11:00am

31 March 2023 9:30am - 11:00am

ENROL NOW

St Michael's Primary



St Michael's Parish

Parish Priest: Fr Wim Hoekstra

Assistant Priests: Fr Jessie Balorio, Fr Chadi Ibrahim, Fr Andrew Rooney

2023 Staff of St Michael's

2023 Staff of St Michael's					
Principal:	Mrs Danuta Maka	Class room teachers:			
Assistant Principal:		KvG Green:	Mrs Louise van Gend		
	Mrs Rosalie Knispel	KR Red:	Mrs Therese Restuccia		
Religious Education Coordinator:		KIH Yellow:	Mrs Natalie Irvine-Hendry		
	Mr David Ison	1C Blue:	Mrs Philippa Cox		
Grade Support Coordinators:		1SG Green:	Miss Natalie Guerlin and Mrs Bernadette Stojanovski		
Kindergarten:	Mrs Danuta Maka Mrs Rosalie Knispel	1AO Red:	Miss Annie Owusu		
Year 1:	Mrs Berenice Gerometta	1LO Yellow:	Miss Laura Obilinovic		
Year 2:	Mrs Natasha Petrenas	2M Blue:	Miss Brooke Marshall		
Year 3:	Miss Carla De Chellis	2J Green:	Mrs Brigitte Joseph		
Year 4: Year 5:	Mrs Danielle Fleming Mr David Ison	2P Yellow:	Mrs Natasha Petrenas		
Year 6:	Mrs Victoria Rogers	3MO Blue:	Mrs Marie Orehek		
Librarian:	Mrs Danielle Fleming	3D Green:	Miss Carla De Chellis		
PDHPE:	Mr Steve Kovelis	3B Red:	Miss Leah Bovino		
Music:	Miss Jessica Graham Mrs Lyndall Parker	3AC Yellow:	Mrs Rania Abraham Miss Marian Craven		
Support Services:	Mrs Sue Ellen Adler Mrs Helena Fernandes Mrs Mary-Anne Parsons	4LW Blue: 4LA Green:	Mrs Candice Lazaroo and Mrs Abegail Woolford Mrs Mirijana Loncar and		
	Mrs Wendy Yu	7271 6766111.	Mrs Rania Abraham		
Reading Recovery and Literacy Support:		4F Red:	Mrs Amanda Feil		
	Mrs Berenice Gerometta Mrs Bronwen Wahab	4H Yellow	Mrs Rachael Hakim		
Teacher's Aides:	Mrs Marina Grainger Mrs Narelle Harding Mrs Jenny Holliday Mrs Davina Kustreba Mrs Melanie Mostyn Mrs Fiona Wilkins	51 Blue:	Mr David Ison		
reacher 3 Alues.		50D Green:	Mrs Julie Day Mrs Rosa Oliveri		
		5CM Red:	Miss Caitlin Mitchell		
		5W Yellow:	Mrs Robyn Withford		
		6K Blue:	Mr Vaughan Knight		
Finance:	Mrs Adriana Grima	6B Green:	Mr Andrew Baker		
Administration:	Mrs Veronica Isaac Mrs Janelle Reid Mrs Kylie Ross	6VR Red:	Mrs Victoria Rogers		
		6MR Yellow:	Mrs Mary Richards		
Library Assistant:	•	Teacher Release:	Mrs Ros Brighton		
Groundsman:	Mr Frank Pagano		Mrs Kath Downie		
ICT Trainge:	Mr Coppor Goirbos		Mr George Francis		

Mrs Marise Siountris

ICT Trainee: Mr Connor Geirhos

Calendar Dates - Term 1				
Week 3				
Mon 6 Feb	School Assembly 2.15 pm* Prayer 5I Blue			
Thurs 9 Feb	Year 4 Ranger Jamie Forces Incursion			
Fri 10 Feb	School Census Day World Youth Day - Mufti day fundraiser			
Week 4				
Mon 13 Feb	School Assembly 2.15 pm* Prayer 6K Blue			
Friday 17 Feb	Whole School Mass - Induction of Year 6 Leaders 12 noon*			
Week 5				
Mon 20 Feb	School Assembly 2.15 pm* Prayer 4LW Blue			
Wed 22 Feb	Ash Wednesday			
Thurs 23 Feb	Years 2-6 Cross Country			
Week 6				
Mon 27 Feb	2024 Kindy Open Morning 9.30 am* School Assembly 2.15 pm* Prayer 3MO Blue			
Week 7 - Catholic Schools Week				
Mon 6 Mar	School Assembly 2.15 pm* Prayer 2M Blue			
Tues 7 Mar	2024 Kindy Open Morning 9.30 am*			
Week 8 Years 3 & 5 NAPLAN Testing Period				
Mon 13 Mar	School Assembly 2.15 pm* 1C Blue			
Tues 14 Mar	2024 Kindy Open Morning 9.30 am*			
Wed 15 Mar	Years 3 & 5 NAPLAN begins			
*Registrations essential				

2023 School Terms

Term 1 - Friday 27 January to Thursday 6 April

Term 2 - Monday 24 April to Friday 30 June

Term 3 - Monday 17 July to Friday 22 September

Term 4 - Monday 9 October - Tuesday 19 December*

*Monday 18 December & Tuesday 19 December
Staff Development Days

Prayers

Please keep in your prayers Mrs van Gend and her family on the passing of her mother-in-law recently.

Please keep in your prayers the Bailey family (Daniel 6 Yellow & Sophia 2 Yellow) on the passing of the children's maternal grandmother.

Eternal rest grant to them Lord. Let Your perpetual light shine upon them. May they rest in peace. Amen.

We also pray for those in our community who may be unwell or suffering at the moment.

We ask this through Christ Our Lord, Amen.

Social Skill Tips

Week 2: R from RESPECT

- Respect myself, others and property.
- Recognising the worth, quality and importance of others despite their differences.

Week 3: E from RESPECT

• Everyone has the right to learn.

Week 4: S from RESPECT

• Strive to be the best you can be.

Week 5: P from RESPECT

Play safe. Be safe.

School Fees

2023 School Fee Statements will be issued via mail by the Catholic Schools Parramatta Diocese (CSPD) within the next couple weeks.

Should you have overdue 2022 fees we ask that you finalise your account immediately or contact Mrs Adriana Grima on 02 9865 1600 to discuss the matter.

Stop & Drop Volunteers Needed

Thank you very much to all our volunteers who have volunteered for this year, however we still need to recruit some new volunteers to ensure Stop and Drop continues in 2023.

All it requires is half an hour, one morning, once a month, so if you have ever thought you would like to volunteer now is the time!

Please contact Mrs Corrine
Sultana at corrine.sultana@gmail.com

World Youth Day

All families are invited to participate in a **World Youth Day (WYD) Fundraising Event on Friday 10 February 2023.** This will be in the form of a mufti day where families are invited to make a donation for students from the Parramatta Diocese who are attending <u>World Youth Day in 2023.</u>

It will be a significant opportunity for all school communities to support Parramatta Diocesan student pilgrims and their families engage in this global Catholic celebration of faith and mission culminating with a Vigil and Mass with Pope Francis in Lisbon, Portugal. They will be participating as part of the Diocesan pilgrimage led by Bishop Vincent Long.

All students are invited to dress up in clothes of a particular country of the world to connect to this worldwide gathering of the Church.

St Michael's will be using the QKR App, Fundraiser so that parents can donate online.

Thank you for your support.



What is Safer Internet Day?

Safer Internet Day is a global event that brings together communities, families, schools and organisations from more than 200 countries to help create safer online spaces.

This worldwide initiative is celebrating 20 years in 2023, making it a great time to reflect as well as look forward.

Technology has evolved dramatically in the past two decades and the benefits have been huge. These developments have also exposed us to many risks with real-world impacts, making online safety awareness even more important.

That's why Australians are being called on to **Connect. Reflect. Protect.**

Connect safely and with purpose – by keeping apps and devices secure and using social media in positive ways.

Reflect before we act – by taking a moment to consider how what we do and say online may affect others.

Protect ourselves and others by taking action – by telling family, friends or colleagues about eSafety and how we can help.

By doing these simple things, we can work towards making every day a Safer Internet Day.

Further information can be found at

eSafety.gov.au





Navigating Online Friendships



Tuesday 23 February 7.30 pm

This 30-minute webinar is designed for parents and carers of young people in secondary school.

It will cover:

- how to support young people to have safe and respectful online relationships
- what to do when something happens at school and ends up on social media or private messaging apps
- how to report to social media platforms and eSafety.

Register here

Healthy Canteens

Families are encouraged to order their child's lunch online through Flexischools. This will make for a convenient, contactless and cash free transaction.

<u>Please click on this link to see how to order online via</u> Flexischools.

If a family does need to pay with cash, we encourage you to place the cash in an envelope or lunch order bag from home and write your child's class, name and order details. Your child will be able to drop it into the canteen express drop box at the counter. This will reduce the contact at the canteen, especially as the school tries to limit the amount of parents onsite.

Please note that we are unable to process refunds if you select the incorrect day. We have added an alert on the Flexischools app that reminds parents to check that they are ordering lunch for the day that their child will be attending school.

If you have late or changed orders or need to follow up any instances of items not received please contact Healthy Canteen on 9678 9242.

Healthy Canteens will contact the canteen outside of their busiest periods and still ensure all necessary changes are made.

Nutrition Snippet

HOW TO PACK A HEALTHY
LUNCH BOX







Starting 'big' school is a huge deal even for parents as it may be the first time packing a lunch box.

Learn how to pack a healthy lunch box <u>here</u>

healthylunchbox.com.au







CERTIFICATE OF APPRECIATION

PRESENTED TO

St Michael's Catholic Primary School, Baulkham Hills

Thank you for participating in the St Vincent de Paul Society NSW Christmas Appeal 2022.

We appreciate you joining with us to help make a difference to people's lives this Christmas.



Paul Burton

NSW State Council President
St Vincent de Paul Society NSW



YOUTHNSW.VINNIES.ORG.AU





St Michael's Primary School

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Email: stmichaelsbhills@parra.catholic.edu.au
Website: www.stmichaelsbhills.catholic.edu.au

St Michael's Wellbeing Program

Respect for Self and Others

Respect for Learning

Respect for the Environment

At St Michael's, we continue to use the Positive Behaviour Support for Learning (PBS4L) framework as part of our student Wellbeing Program. It is implemented in many different schools within the diocese, around the nation and internationally.

The basic principle behind our Wellbeing Programme is that **behaviour is learnt and therefore can be taught.** Specifically designed lessons focusing on student expectations and behaviour are explicitly taught and retaught as needed. We focus on developing the children's social skills and encourage them to become respectful, cooperative, and resilient members of the community.

It is important to understand that our Wellbeing Program is for EVERYONE! It is not just for children with challenging behaviours.

Our Mick the Meerkat mascot helps us to reward children who are following the school expectations of Respect for Self and Others, Respect for Learning and Respect for the Environment. These expectations are clearly visible in classrooms and around the playground.

Our Wellbeing reward system includes:

Individual PAWS tokens – these tokens can be given out by any staff member, including the
classroom teacher, support teacher, casual teachers, office staff etc. when students demonstrate
respect for self and others, respect for learning and respect for the environment. This can occur
on the playground or in the classroom. PAWS tokens are posted in our playground colour house
letterboxes which are collated on a regular basis. Progress scores are announced at school
assemblies. Winning colour houses are rewarded twice a term.



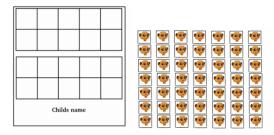
Mercy House Colours Mercedes – Blue McAuley – Gold Clare- Red Quinn - Green

2. Class PAWS Awards – this is a system used to encourage the whole class. It is for any time that the whole class is demonstrating respect for self and others, learning and the environment. It involves whole classes working together to receive 20 Meerkat Paws which are displayed on a chart in the classroom. When the chart is complete the class receives the reward which has been mutually agreed upon by the class teacher and the students.

A Meerkat paw can be given by classroom teachers, music teachers, sport teachers, librarians and the leadership team when they believe that the whole class has demonstrated one of our expectations. This system recommences each time the chart is complete.



3. **Intermittent and long-term Awards**: To reinforce more consistent effort and achievement in Respect for Self and Others, Respect for Learning and Respect for the Environment by individual students, classroom teachers may give *Mick Awards* to these students.



Bronze Certificates

- Mick awards are collected by each student within their classroom. When a student receives 20 Micks, (which are displayed on a class Award Chart), they receive a bronze certificate and begin collecting again. Bronze Certificates are recorded and tracked in Compass
- Bronze Certificates will be recognised at Weekly Assemblies with students standing in their spot and having names announced.

Silver Certificates

- If a student receives three bronze certificates, they are eligible for a Silver Certificate.
- Silver Certificates are recorded and tracked in Compass and will be presented at Weekly Assemblies.

Gold Certificates

- If a student receives three Silver Certificates, they can apply for a Gold Certificate. Gold Certificates will be awarded when:
 - o A student has received three Silver Certificates
 - o They can provide examples of how they are meeting our "Respect" expectations
 - o They have not had a minor or major entry in their Compass behaviour log in the previous three months.
- Gold Certificates are recorded and tracked in Compass and will be presented at Weekly Assemblies.
- Each student with a Gold Certificate will also be given a badge that they are able to wear at school.

This accumulation of certificates is not restricted to a calendar year but stays accumulating throughout the student's entire time at St Michael's.

General School Information

Wellbeing policy

St Michael's aim is to provide a safe, pleasant environment for all children, staff and parents which fosters a sense of belonging, positive self-esteem and a love of learning.

Our Wellbeing Policy is contained in our Parent Handbook and is also available for viewing on our website under Policies and Pro-cedures. A copy of the Wellbeing Policy is included with this Newsletter.

Curriculum

This year St Michael's will continue to focus on literacy and Religious Education. Our goal in literacy is to improve the writing skills and vocabulary of all students. In Religious Education our goal is to help the students develop a deeper understanding of sacred scripture. The staff at St Michael's are committed to providing quality education for all students.

Communication with families

Communication between the school and students' families is vital in the ongoing partnership that exists between St Michael's and our families.

We communicate with parents via the school's Compass App alerts, emails, letters sent home and electronic newsletter distribution. If you change your email address at any time, please inform the school office as soon as possible.

Early collection of children from school

If there is a need to collect your child early from school, please send a note to the classroom teacher in the morning.

Please also call the school office prior to your arrival so that your child can meet in you in the office when you arrive. This way you are able to leave quickly.

Parents are not permitted to go directly to classrooms or other areas to collect their children.

Recess is from 11.00-11.30 am

Lunch is from 1.00-1.40 pm

If you are collecting your child around Recess or Lunch, we suggest you organise to pick up your child prior to, or after, Recess and Lunch times.

Please allow plenty of time as it will take time to contact your child, particularly if they are on the ovals, have them pack their bag and walk to the school office.

Volunteering at school

Opportunities to assist at school arise from time to time. Volunteers assist with Stop & Drop, Sport Carnivals, P&F run events and in the classroom.

All volunteers need to complete Catholic Schools Diocese of Parramatta (CSDP) Volunteer Undertaking and Training before they can assist as a volunteer.

In order to be eligible to assist, we invite our families to complete the CSPD Building Child Safe Communities (BCSC) Undertaking and Training at this link:

BCSC Volunteering Undertaking & Training

When you have completed the BCSC Undertaking and Training, you will receive an email with your BCSC number. Please email this number to the school.

Teachers will communicate with parents when they need volunteers via a note going home.

School Attendance

It is **important** for your child's wellbeing and academic progress that they attend school regularly and complete each school day. Children need to attend school every day from 8.45 am until 3.10 pm unless illness prevents their attendance.

Please ensure that appointments are made outside of school hours in order to ensure that your child can maximise their learning potential. Learning takes place from 8.45 am until the final bell at 3.10 pm.

Being late or taking your child early from school, particularly on a regular basis, may hinder their personal and academic progress. This is often reflected in school reports.

Parents taking their children out of school on a regular basis will be contacted by the Principal. Should you need to take your child out of school early on an unavoidable occasion, a note should be sent in to the class teacher. This will minimise the interruption to learning time for all students. Please avoid disruption to teachers and students by arriving unexpectedly to pick up children without prior notice.

School absence

If your child is sick you can update your child's attendance in Compass via the Compass App, email or call* the school office.

If you call the office you will still need to send a signed note or email listing the days absent and reason.

Taking leave for family holidays during the school term

Government regulations require you to seek leave approval from the school for holidays of 5 days or more prior to your journey. Contact the school office for an *Application for Extended Leave* (L) - Travel Leave—Form A.1. This form is also available on our website under School Notes.

Travel leave 1-4 days—please send in a written note to the school prior to your leave.

Taking leave for the entertainment industry or an elite sporting event

Government regulations require you to seek an exemption from the school for all leave in the entertainment industry or elite sporting events. Contact the school office for an Application for Exemption from Attendance at School (M) - Form 1.2. This form is also available on our website.

School Uniform

Thank you to all our families for supporting the school uniform policy and by ensuring your child is wearing the correct uniform. This includes wearing joggers that are predominantly white.

Please make sure your child has a hairstyle and cut appropriate for primary school children and the Additional Uniform Requirements stated in the Student Diary are adhered to.

It is essential that students wear their hats during recess, lunch and sport. Please ensure your child's hat is labelled and that they assume responsibility for looking after their hat at all times.

We do not encourage children to share hats or borrow hats. The office does not provide spare hats to children who have forgotten their hats. This is for hygiene reasons.

School Assemblies

Parents are welcome to join us for our Monday afternoon assembly which takes place from 2.15 pm every Monday.

Please register via the Registration form that is sent to families on Fridays.

Important information regarding Arrival and Departure



Outlined below is some information regarding safety in the mornings and afternoons as you walk and drive in the streets around the school.

Please remember at the beginning of the year that we have many new parents to the school who will take time to adapt to our school routine. We thank you for your assistance and patience in helping our new parents as they find their way with our normal school routine.

Arrival of children in the morning

- Teachers are on duty for supervision of children from 8.20am. Children currently wait in the undercover area on the top playground. The children must wait on the seats in front of the library.
- Parents are responsible for their children until teachers go on duty at 8.20 am. If at all possible, please do not send your children to school before 8.20 am.

Stop and Drop - Church car park

To ensure the Stop and Drop runs smoothly and efficiently please note the following:

- The white zig zag lines along the fence line of the school in the Church car park are for pedestrians only and there is no parking along these lines.
- In the morning the children need to exit the car in front of the first entry gate (Gate 3) into the school on the passenger side of the vehicle, not the driver's side.
- Bags need to be with your child not in the boot.
- If you are in the Stop & Drop line, please do not exit your car to take bags out of the boot.
- Please say your goodbyes to the children before they exit the car.
- Please be patient and show courtesy to the volunteers and other users of the Parish car park. If the car in front of you is not moving on, please be patient and give them a chance. Please remember that we have many new families to the school and parents are learning the Stop & Drop system.
- Please do not turn right into the carpark from 8.15 am.

Collecting children from school

- Children go home via the back path, slow and go, bus, parent pick up or go to one of the after school care facilities.
- The safety of all children and families is the highest priority at the beginning and end of each school day in the car park and streets around St Michael's, Crestwood Public and Crestwood High School. Please give safety your first priority as you drive to school and/or park.

 We urge you to drive safely, follow and obey the road rules, park in designated areas only and be constantly aware of children, adults and cars as you arrive and depart at this peak time.

Slow & Go - Church car park

- Slow & Go takes place in the Church car park.
- The white zig zag lines along the fence line of the school and across the Church car park are for pedestrians only and there is no parking along these lines
- Please do not queue in the Slow & Go in the Church car park until 3.20 pm as pedestrians are exiting the school in large numbers via the yellow zig zag path along the fence line.
- No parking on or around the rounadabout.
- Please remember this is a **high traffic area for pedes- trians** with many small children around.
- · Safety is everyone's responsibility.

Pedestrians in Church car park

- If you and your children are pedestrians entering the car park in the morning or exiting the car park in the afternoon, please keep your children by your side and <u>hold</u> their hand.
- Please be conscious of cars that may be reversing out of car parking spaces. Please remember that it can be harder to see a smaller person than an adult.

Back path street area - Therese Court, Bernadette Place, Miriam Court, Coolock Crescent

- A reminder to everyone to be respectful of our neighbours.
- Please do not park across the driveways of homes or double park.
- Please keep your children by your side and do not allow them to play in neighbours' front yards.
- Parents need to move on from these streets as soon as they have collected their children so that we are not creating a backlog of traffic in the area.
- Please do not allow your children to play in the creek areas.

Carpark

It is a privilege for St Michael's to use the Parish car park. For this practice to continue we need to treat our parish community with respect and not park in the Parish allocated spaces. There is also no parent parking in the St Michael's Family Centre or in any areas around the Church entry and exit.

Safety of children and adults is critical when collecting children from school. Please observe all parking signs and road rules when collecting children to ensure the safety and wellbeing of all members of our school and community.

We thank you for your assistance and courtesy in ensuring the safety of everyone during access to the school.

IMPORTANT ALLERGY INFORMATION

At St Michael's we have a number of children with **life threatening allergies** (Anaphylaxis) to various forms of food, latex, dust, animals and insect stings.

Some children have allergies that are so severe that smells or touch could trigger a reaction.

In particular, we have a number of children who have severe allergies to nuts. While allergic reactions are common and most are not serious, for some people the reaction can be life-threatening. Anaphylaxis and can occur within minutes of an exposure to a trigger.

We see prevention as a major part of providing a safe environment for these children. In order to support these children, we ask that you do not send in nuts or any foods containing nuts to the school with your children.

Common foods that trigger an allergic reaction are listed below and we ask you to be 'nut aware' and refrain from sending them to school and to seek suitable alternatives. The following list gives examples of such foods:

FOOD TYPE	EXAMPLES
Peanuts / peanut butter	Any kind of peanut or peanut butter
Tree nuts	Hazelnuts, almonds, cashews, pecans, walnuts, macadamia – any kind of nuts
Sesame seeds	
Nutella	Any brand
Biscuits containing or topped with nuts	Particularly chocolate biscuits
Cakes or slices containing nuts	
Snack packs containing nuts	Dried fruit + nut mixes
Chocolates containing nuts	Picnics, Snickers, Mars Bars (almond), Nut Breaks, Ferrero Rocher, Fruit and Nut, Praline based chocolates – Guylian, Marble Blocks, Toblerone
Chocolate Iollies containing nuts	Peanut M&Ms
Marzipan and nougat	
Breakfast cereals containing nuts	Crunchy Nut or Honey Nut Cornflakes, Muesli, Nutri Grain, Just Right etc
Muesli Bars and Snack Bars containing nuts	
Yoghurt with nut mixer packs	
Confectionary items	Lolly Gobble Bliss Bombs, Rocky Road
"Health Food" confectionary bars containing	Uncle Toby's yoghurt muesli bars
nuts	
Foods containing satay	Thai, Malaysian, Indonesian meals

The Canteen does not sell any of these products.

In the case of a child bringing a nut product to school, teachers will bring the matter to the attention of parents.

There are many foods that DO NOT contain peanuts or nuts in their ingredients list, but the food package has the statement. "May contain traces of dairy, nut or seed". This food may be brought to school and consumed only by non-allergic children.

Due to safety and concerns, we discourage children from sharing food and drink. We would also appreciate parents speaking to their children regarding this matter. Your child's diet at home need not change.

Below is a list of foods that are safe for you to choose from. We're sure you can think of many others.

- Fruit and vegetables
- Dried fruits, Fruit snack packs
- Vegemite, jam, honey, cheese spreads
- Parker's Pretzels, Rice crackers
- Chips, Popcorn
- Plain biscuits sweet or savoury without nuts
- Chocolate biscuits without nuts
- Fruit based muesli bars and snack bars without nuts
- Yoghurt without nut mixes
- Lollies and confectionary items marshmallow, spearmint leaves, jelly babies, snakes, raspberries, etc without nuts.



Basically we ask you not to send food to school with your child that contains a nut or nut product listed in ingredients.

We thank you for helping us to provide a safe environment for all children at St Michael's.

Parish Car Park—Slow & Go (Afternoons)

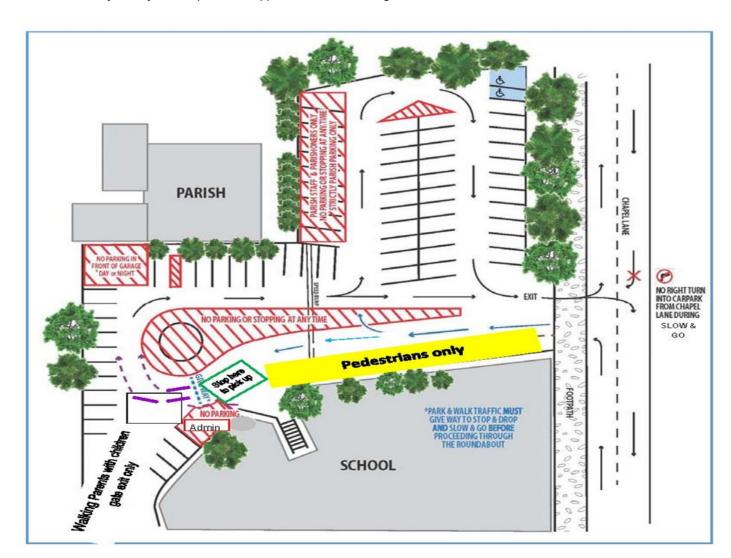
A 'Slow & Go' system operates in the afternoons for the safe and easy pickup of children. Parents are required to have a Slow & Go number. The Slow & Go number is provided by the school at the beginning of the school year. Please contact the school office if you would like a Slow & Go number.

'Slow & Go' commences at 3.20 pm and finishes at 3.40 pm. It is expected that all children will be collected by 3.40 pm. Any children not collected by this time will wait at the office for collection. A phone call is expected to explain the delay.

Slow & Go Procedures

- The Slow & Go number needs to be displayed on the left side of the front window of the car. Children must know their family number
- Slow speed and safe driving at all times when entering and leaving the school and parish car park. Maximum speed limit 10 km/ph.
- Always be alert for pedestrians and other vehicles. Please do not overtake any car in the car park or on the Slow & Go line
- Cars enter the car park turning left only into Gate 2 from Chapel Lane after 3.20 pm. Please queue down Chapel Lane alongside the school from 3.20 pm onwards. (There is no right turn from Chapel Lane into the car park at this time).
- Please do not queue prior to 3.20 pm as no standing zones are located along Chapel Lane.
- Please be mindful that bus bays outside Crestwood High School and St Michael's Primary must be kept clear for the school buses
- · Please follow all staff directions at all times.
- A teacher waits at the top of the car park and calls your child/ren's Slow & Go number over the microphone so that they can
 walk up to the collection point near Gate 3 ready for pick up. Once your child is safely in your car, please drive slowly and
 safely around the roundabout and out of the car park onto Chapel Lane.
- Please be mindful that bus bays outside Crestwood High School and St Michael's Primary must be kept clear for the school buses and that neighbours' driveways are to be left free for vehicle access.
- Please be courteous at all times to our staff, other families using the service, neighbours and other road users.

For the Slow & Go service to continue we need every parent to follow the procedure to ensure the safety and wellbeing of all involved. Thank you for your co-operation, support and understanding.



Т

SCHOOL ZONE PARKING RULES AND PENALTIES

COUNCIL'S COMPLIANCE OFFICERS ENFORCE PARKING SIGNS AT YOUR SCHOOL.

When it comes to the safety of vulnerable road users like school children, drivers found breaking the law will be met with zero tolerance. When an offence is detected, you will be fined.



NO STOPPING

You must not STOP at any time.

Stopping includes when the vehicle is not moving but the engine is still running.

SCHOOL ZONE

Penalty from \$352 and 2 demerit points



NO PARKING

You can stop only to drop off or pick up passengers or goods and you must not stop for more than 2 minutes and The driver must stay within 3 metres of your vehicle. Stopping includes when the vehicle is not moving but the engine is still running.

SCHOOL ZONE

Penalty from \$196 and 2 demerit points



BUS ZONES

You must not stop your vehicle in a Bus Zone unless you are driving a public bus. Stopping includes when the vehicle is not moving but the engine is still running.

SCHOOL ZONE

Penalty from \$352 and 2 demerit points



DRIVEWAYS

You must not park your car over or block access to a driveway. You can stop in a driveway to drop off or pick up passengers BUT only for less than 2 minutes AND the driver must stay with the car.

SCHOOL ZONE

Penalty from \$352 and 2 demerit points



THERE ARE NOW INCREASED PENALTIES AND DEMERIT POINTS ASSOCIATED WITH ALL OFFENCES IN SCHOOL ZONES.



NO PARKING

You have no more than 2 minutes for drop-offs or pick-ups and must stay within 3 metres of your vehicle.

Penalty from \$196 and 2 demerit points



NO STOPPING

Under no cicumstances are you permitted to stop on a length of road to which a No Stopping Sign applies.

Penalty from \$352 and 2 demerit points



BUS ZONE

You must not stop your vehicle in the indicated zone unless you are driving a public bus.

Penalty from \$352 and 2 demerit points

Double parking

Stop on path or nature strip

Stop on / near marked pedestrian/children's crossing

Approach children's crossing too quickly to stop safely

Illegal U turns

Stop across driveway

Drive using a hand held mobile phone

Parallel park close to (within 3 metres) double centre line

\$352 & 2 demerit points

\$352 & 2 demerit points

\$469 & 2 demerit points

\$587 & 4 demerit points

\$469 & 4 demerit points

\$352 & 2 demerit points

\$469 & 5 demerit points

\$352 & 2 demerit points

FINES CURRENT AS OF DECEMBER 2021

For a complete list of school zones offences visit www.rms.nsw.gov.au



MOTIV8SPORTS: TERM 1 2023 AFTER SCHOOL SPORTS CLINIC

at St Michael's Baulkham Hills on Tuesday afternoons.

STARTS - TUESDAY 7 FEBRUARY 3.10 pm to 4.30 pm - KINDERGARTEN TO YEAR 6 8 weeks of AWESOME and you can use your \$100 ACTIVE KIDS VOUCHERS

Join the Motiv8sports Coaching Crew every TUESDAY afternoon at St Michael's Baulkham Hills in TERM 1!

Every TUESDAY afternoon Motiv8sports staff will arrive on school grounds to set up an amazing afternoon of sport for children who have joined.

Our Term 1 clinic is an absolute favourite amongst the kids called 'Summer Slam'. We take the heat out of summer with a water-themed clinic! We ask participants to bring a towel each week to dry off.

MOTIV8SPORTS IS INCLUSIVE and caters to all ability levels. Our 8-week program is extremely affordable and allows students who might not participate in weekend sport the opportunity to be part of a team.

To save confusion amongst parents and students this event would go ahead rain, hail or shine. In the event of rain children would be supervised in an undercover area participating in fun modified activities. At the conclusion of the Sports Clinic parents collect their children from an area agreed upon by the school.

TAKE ADVANTAGE OF YOUR 2022 \$100 ACTIVE KIDS

VOUCHERS To use this please select the active kids voucher ticket option and enter your voucher number in the required field!

<u>Click on this link to VISIT our website below for more information and to secure your spot.</u>





TRY HOCKEY

FREE SESSIONS FOR JUNIORS

New and returning players 5 to 17 years of age are welcome to attend one or both sessions.

Sunday 12th Feb, 2023

5:00pm to 6:00pm Pennant Hills Park, Pennant Hills

Sunday 26th Feb, 2023

5:00pm to 6:00pm Pennant Hills Park, Pennant Hills

To register, or for more information, go to...



baulkhamhillshockey.org.au/come-and-try-hockey

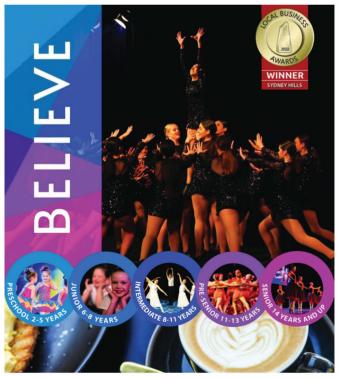
WHAT TO BRING

Don't forget your hockey stick (we'll lend you one if you don't have one), mouthguard, shinpads, water bottle, hat and sunscreen!

ABOUT THE BAULKHAM HILLS HOCKEY CLUB

We're a family-focussed club that has been serving the Hills District of Sydney for more than 50 years. We train at Pennant Hills Park and field teams in junior, men's and women's divisions. For more information, go to the link above and choose FAQ from the menu.

If you're an adult interested in playing winter hockey, please email communications.bhhc@gmail.com.





1800 4 DANCE

www.tsdperformingarts.com.au 103/14 Lexington Drive, Bella Vista, 2153 Library Building, Level 1, Rouse Hill Town Centre



0429 927 628

info@thestagedoorcafe.com.au Unit 124, 14 Lexington Drive, Bella Vista Bella Vista Metro Station 2 Mawson Street, Bella Vista